

# MARCH 2023 – 9-12 LUNCH MENU

| Monday  | Tuesday  | Wednesday   | Thursday  | Friday  |
|---|--|---|---|---|
|  <p><b>Dr. Seuss's Birthday<br/>March 2</b></p>  | <p><b>NATIONAL SCHOOL<br/>BREAKFAST WEEK!<br/>MARCH 6-10</b></p>    | <p><b>1</b> Egg and Cheese Biscuit, Fruit, Juice, Milk</p> <p>Beefy Nachos<br/>Sour Cream and Salsa<br/>Bean and Cheese Dip<br/>Corn on the Cob<br/>Fresh Fruit<br/>Pears<br/>Milk Variety</p>                            | <p><b>2</b> Sam-I-Am Banana Bread, Yogurt Cup, Fruit, Juice, Milk</p> <p><b>Green Eggs and Ham<br/>WG Biscuit w/Butter and Jelly<br/>Hash Rounds<br/>Grape Tomatoes<br/>Cooked Apples<br/>Fresh Fruit<br/>Milk Variety</b></p>                | <p><b>3</b> Jumpstart, Banana, Milk</p> <p>Fish Nuggets w/Tartar Sauce<br/>French Fries<br/>Creamy Coleslaw<br/>Pudding<br/>Fresh Fruit<br/>Peaches<br/>Milk Variety</p>  |
| <p><b>6 NATIONAL SCHOOL BREAKFAST</b><br/><b>Breakfast Pizza, Fruit, Juice, Milk</b></p> <p>Philly Cheesesteak w/Peppers &amp; Onions<br/>Sweet Potato Fries<br/>Baked Beans<br/>Fresh Fruit<br/>Strawberry Applesauce<br/>Milk Variety</p> | <p><b>7 NATIONAL SCHOOL BREAKFAST</b><br/><b>Strawberry Pancake Yogurt Parfait, Juice, Milk</b></p> <p>Vegetable Soup<br/>Grilled Cheese<br/>Spinach<br/>Yogurt Cup<br/>Fresh Fruit<br/>Mixed Fruit<br/>Milk Variety</p> | <p><b>8 NATIONAL SCHOOL BREAKFAST</b><br/><b>Chicken Biscuit, Fruit, Juice, Milk</b></p> <p>Macaroni and Cheese<br/>WG Breadstick<br/>Cooked Broccoli<br/>Green Beans<br/>Fresh Fruit<br/>Applesauce<br/>Milk Variety</p> | <p><b>9 NATIONAL SCHOOL BREAKFAST</b><br/><b>Donut Holes, Fruit, Juice, Milk</b></p> <p>Pepperoni French Bread Pizza<br/>Seasoned Corn<br/>Glazed Carrots<br/>Fresh Fruit<br/>Frozen Fruit Cup<br/>Chocolate Chip Cookie<br/>Milk Variety</p> | <p><b>10 NATIONAL SCHOOL BREAKFAST</b><br/><b>Soft Pretzel, Cream Cheese, Fruit, Juice, Milk</b></p> <p>Brown Beans<br/>Cornbread<br/>Diced Potato<br/>Seasoned Peas<br/>Fresh Fruit<br/>Mixed Fruit<br/>Milk Variety</p> |
| <p><b>13</b> Pancake Bowl, Fruit, Juice, Milk</p> <p>Oven Baked Chicken<br/>WG Roll<br/>Scalloped Potato Casserole<br/>Seasoned Green Beans<br/>Fresh Fruit<br/>Applesauce<br/>Milk Variety</p>   | <p><b>14</b> Breakfast Burrito, Fruit, Juice, Milk</p> <p>Lasagna Roll Ups<br/>WG Breadstick<br/>Seasoned Peas<br/>Broccoli w/Hummus<br/>Fresh Fruit<br/>Mandarin Oranges<br/>Milk Variety</p>                           | <p><b>15</b> BelVita Breakfast Biscuit, Cheese Stick, Fruit, Juice, Milk</p> <p>Tacos w/Hard Shells<br/>Lettuce &amp; Tomato<br/>Carrots w/Dip<br/>Black Bean Salad<br/>Fresh Fruit<br/>Pears<br/>Milk Variety</p>        | <p><b>16</b> Pop-Tarts, Fruit, Juice, Milk</p> <p>Crispy Chicken Sandwich<br/>Sweet Potato Tots<br/>Baked Beans<br/>Fresh Fruit<br/>Peaches<br/>Milk Variety</p>  | <p><b>17</b> Nutri-Grain Bar, Graham Crackers, Fruit, Juice, Milk</p> <p>Cheese Pizza<br/>Mixed Vegetables<br/>Corn on the Cob<br/>Fresh Fruit<br/>Mixed Fruit<br/>Milk Variety<br/><b>Shamrock Cookie</b></p>            |
| <p><b>20</b> Apple Cinnamon Toast, Cheese Stick, Fruit, Juice, Milk</p> <p>Popcorn Chicken<br/>Wedge Cut Fries<br/>Corn on the Cob<br/>Fresh Fruit<br/>Strawberry Applesauce<br/>Milk Variety</p>   | <p><b>21</b> WG Muffin, Fruit, Graham Cracker, Juice, Milk</p> <p>Pepperoni Roll<br/>Seasoned Green Beans<br/>Carrots w/Dip<br/>Fresh Fruit<br/>Pears<br/>Milk Variety<br/><b>Greenbrier Dairy Fresh Cheese</b></p>      | <p><b>22</b> Biscuit w/Sausage Gravy, Fruit, Juice, Milk</p> <p>Corn Dog<br/>Sweet Potato Fries<br/>Seasoned Peas<br/>Fresh Fruit<br/>Peach Applesauce<br/>Milk Variety<br/><b>Birthday Popcorn!</b></p>                  | <p><b>23</b> Cereal Bar, Applesauce Cup, Juice, Milk</p> <p>Chicken Quesadilla<br/>Sour Cream and Salsa<br/>Refried Beans<br/>Green Pepper Strips w/Dip<br/>Fresh Fruit<br/>Mixed Fruit<br/>Milk Variety</p>                                  | <p><b>24</b> Egg and Cheese Biscuit, Fruit, Juice, Milk</p> <p>Tomato Soup<br/>Grilled Cheese<br/>Mixed Vegetables<br/>Cucumber w/Dip<br/>Yogurt Cup<br/>Watermelon Applesauce<br/>Fresh Fruit<br/>Milk Variety</p>       |
| <p><b>27</b> Mini Chocolate Chip French Toast, Fruit, Juice, Milk</p> <p>Sloppy Joe<br/>Scalloped Potato Casserole<br/>Peas<br/>Chocoleana Cake<br/>Fresh Fruit<br/>Pineapple Chunks<br/>Milk Variety</p>                                   | <p><b>28</b> Sausage Biscuit, Fruit, Juice, Milk</p> <p>Creamed Chicken<br/>WG Roll<br/>Mashed Potatoes<br/>Seasoned Green Beans<br/>Fresh Fruit<br/>Peach Applesauce<br/>Milk Variety</p>                               | <p><b>29</b> Strawberry Yogurt Chex Mix, Sunflower Seeds, Applesauce, Juice, Milk</p> <p>Cheeseburger<br/>Baked Beans<br/>Glazed Carrots<br/>Fresh Fruit<br/>Sidekick<br/>Milk Variety</p>                                | <p><b>30</b> Blueberry Bread, Fruit, Juice, Milk</p> <p>Meatball Sub<br/>Broccoli w/Cheese<br/>Red Pepper Strips w/Dip<br/>Fresh Fruit<br/>Strawberry Applesauce<br/>Milk Variety</p>   | <p><b>31</b> Cinnamon Roll, Fruit, Juice, Milk</p> <p>Bean Burrito<br/>Baked Potato<br/>Carrots w/Hummus<br/>Fresh Fruit<br/>Pears<br/>Milk Variety<br/><b>National Tater Day!</b></p>                                    |
| <p><b>Grades 6-12 are<br/>Offer vs. Serve</b></p>   |   |  <p>Birthday Popcorn<br/>March 22</p>  | <p><b>SALAD BAR OFFERED EVERYDAY</b></p>   | <p>National Tater Day March 31</p>   |