JANUARY 2023 - K-8 MENU

|  | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| $2$ <br> CHRISTMAS BREAK | 3 Super Donut, Graham Crackers, Fruit, Juice, Milk <br> Pizza <br> Corn on the Cob <br> Salad w/Dressing <br> Yogurt Cup <br> Pears <br> Milk Variety | 4 Sausage Biscuit, Fruit, Juice, Milk <br> Chicken Alfredo w/Broccoli <br> WG roll <br> Glazed Carrots <br> Applesauce <br> Milk Variety | 5 Cereal, Banana, Juice, Milk <br> Chicken Quesadilla <br> Salsa <br> WG Chips w/Bean Dip <br> Grape Tomatoes <br> Fresh Fruit <br> Milk Variety | 6 French Toast Sticks, Fruit, Juice, Milk <br> Fish Sticks <br> French Fries <br> Creamy Cole Slaw <br> Pudding <br> Fresh Fruit <br> Milk Variety |
| 9 Breakfast Bagel, Fruit, Juice, Milk <br> Chicken Stir-Fry <br> Fried Rice <br> Refried Beans <br> Fresh Fruit <br> Milk Variety | 10 WG Muffin, Cheese Stick, Fruit, Juice, Milk <br> Spaghetti w/Meatballs <br> WG Breadstick <br> Salad w/Dressing <br> Corn <br> Applesauce <br> Milk Variety | 11 Blueberry Waffles, Syrup, Fruit, Juice, Milk <br> Pork BBQ <br> Creamy Coleslaw <br> Sweet Potato Fries <br> Fresh Fruit <br> Milk Variety | 12 Pop-Tarts, Fruit, Juice, Milk <br> Mini Corndogs <br> Tater Tots <br> Broccoli w/Hummas <br> Pears <br> Milk Variety | 13 Mini Pancake Wraps, Syrup, Fruit, Juice, Milk <br> Pepperoni Pizza <br> Mixed Vegetables <br> Red Pepper Strips w/Dip <br> Brownie <br> Fresh Fruit <br> Milk Variety |
| 16 <br> - * $\begin{gathered}\text { 备 } \\ \text { * }\end{gathered}$ MARTIN LUTHER KING JR. $11^{1}$ <br> NO SCHOOL | 17 Breakfast Pizza, fruit, Juice, Milk <br> Chicken Nuggets <br> Macaroni and Cheese <br> Glazed Carrots <br> Cucumbers w/Dip <br> Applesauce <br> Milk | 18 Banana Bread, Fruit, Juice, Milk <br> Biscuits and Gravy <br> Sausage <br> Hash Rounds <br> Grape Tomatoes <br> Cooked Apples <br> Milk Variety | 19 Cook's Choice | 20 Cook's Choice |
| 23 Apple Cinnamon Texas Toast, Fruit, Juice, Milk <br> Crispy Chicken Sandwich <br> French Fries <br> Baked Beans <br> Applesauce <br> Milk Variety <br> Greenbrier Dairy Cheese | 24 Banana Chunk Breakfast Bar, Fruit, Juice, Milk <br> Vegetable Soup <br> Grilled Cheese <br> Seasoned Corn <br> Fresh Fruit <br> Milk | 25 Chicken Biscuit, Fruit, Juice, Milk <br> Pepperoni Roll <br> Glazed Carrots <br> Salad w/Dressing <br> Fresh Fruit <br> Milk Variety <br> Spangler's Farm Popcorn | 26 Cereal Bar, Fruit, Juice, Milk <br> Cheeseburger <br> Lettuce and Tomato <br> Hash Rounds <br> Celery Sticks w/Hummas <br> Applesauce <br> Milk Variety | 27 Egg and Cheese Biscuit, Fruit, Juice, Milk <br> Brown Beans <br> Cornbread <br> Spinach <br> Orange Pepper Strips w/Dip <br> Mixed Fruit <br> Milk Variety |
| 30 Mini Waffles, Syrup, Fruit, Juice, Milk <br> Chicken Fajitas <br> Refried Beans <br> Seasoned Corn <br> Applesauce <br> Milk Variety | 31 Egg, Sausage and Toast, w/ Butter \& Jelly, Fruit, Juice, Milk <br> Pigs in a Blanket <br> Baked Beans <br> Sweet Potato Fries <br> Fresh Fruit <br> Milk Variety | 1 Biscuits and Sausage Gravy, Fruit, Juice, Milk <br> Sloppy Joes <br> Scallop Potato Casserole <br> Salad w/Dressing <br> Beef Stick <br> Peach Applesauce <br> Milk Variety | 2 Cereal, Banana, Juice, Milk <br> Summers County Sub <br> WG Chips w/Queso Cup <br> Green Beans <br> Carrot Sticks <br> Frozen Fruit Cup <br> Milk Variety | 3 Breakfast Pizza, Fruit, Juice, Milk <br> Cheesy Chicken Tortilla Soup <br> Grilled Cheese <br> Cooked Broccoli <br> Celery w/Dip <br> Fresh Fruit <br> Milk Variety |

Birthday Popcorn - January 25! GRADES 6-12 ARE OFFER VS. SERVE!

