

## JANUARY 2023 – 9-12 MENU

| 0   | Tuesday   | Wednesday  | Thursday  | Friday  |
|---|---|--|---|---|
| <b>2</b><br><br><div style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">CHRISTMAS<br/>BREAK</div>   | <b>3</b> Super Donut, Graham Crackers, Fruit, Juice, Milk<br><br>Pizza<br>Corn on the Cob<br>Green Beans<br>Yogurt Cup<br>Fresh Fruit<br>Pears<br>Milk Variety                | <b>4</b> Sausage Biscuit, Fruit, Juice, Milk<br><br>Chicken Alfredo w/Broccoli<br>WG roll<br>Glazed Carrots<br>Fresh Fruit<br>Applesauce<br>Milk Variety                           | <b>5</b> Cereal, Banana, Juice, Milk<br><br>Chicken Quesadilla<br>Salsa<br>WG Chips w/Bean Dip<br>Grape Tomatoes<br>Fresh Fruit<br>Pineapple Chunks<br>Milk Variety       | <b>6</b> French Toast Sticks, Fruit, Juice, Milk<br><br>Fish Sticks<br>French Fries<br>Creamy Cole Slaw<br>Pudding<br>Fresh Fruit<br>Peaches<br>Milk Variety                        |
| <b>9</b> Breakfast Bagel, Fruit, Juice, Milk<br><br>Chicken Stir-Fry<br>Fried Rice<br>Refried Beans<br>Fresh Fruit<br>Mandarin Oranges<br>Milk Variety  | <b>10</b> WG Muffin, Cheese Stick, Fruit, Juice, Milk<br><br>Spaghetti w/Meatballs<br>WG Breadstick<br>Green Beans<br>Corn<br>Fresh Fruit<br>Applesauce<br>Milk Variety       | <b>11</b> Blueberry Waffles, Syrup, Fruit, Juice, Milk<br><br>Pork BBQ<br>Creamy Coleslaw<br>Sweet Potato Fries<br>Fresh Fruit<br>Mixed Fruit<br>Milk Variety                      | <b>12</b> Pop-Tarts, Fruit, Juice, Milk<br><br>Mini Corndogs<br>Tater Tots<br>Broccoli w/Hummas<br>Fresh Fruit<br>Pears<br>Milk Variety                                   | <b>13</b> Mini Pancake Wraps, Syrup, Fruit, Juice, Milk<br><br>Pepperoni Pizza<br>Mixed Vegetables<br>Red Pepper Strips w/Dip<br>Brownie<br>Fresh Fruit<br>Peaches<br>Milk Variety  |
| <b>16</b><br><br><br><br><b>NO SCHOOL</b>  | <b>17</b> Breakfast Pizza, fruit, Juice, Milk<br><br>Chicken Nuggets<br>Macaroni and Cheese<br>Glazed Carrots<br>Cucumbers w/Dip<br>Fresh Fruit<br>Applesauce<br>Milk         | <b>18</b> Banana Bread, Fruit, Juice, Milk<br><br>Biscuits and Gravy<br>Sausage<br>Hash Rounds<br>Grape Tomatoes<br>Cooked Apples<br>Fresh Fruit<br>Milk Variety                   | <b>19</b><br><br><div style="text-align: center; font-weight: bold; font-size: 1.2em;">Cook's Choice</div>  | <b>20</b><br><br><div style="text-align: center; font-weight: bold; font-size: 1.2em;">Cook's Choice</div>  |
| <b>23</b> Apple Cinnamon Texas Toast, Fruit, Juice, Milk<br><br>Crispy Chicken Sandwich<br>French Fries<br>Baked Beans<br>Fresh Fruit<br>Applesauce<br>Milk Variety<br><b>Greenbrier Dairy Cheese</b> | <b>24</b> Banana Chunk Breakfast Bar, Fruit, Juice, Milk<br><br>Vegetable Soup<br>Grilled Cheese<br>Seasoned Corn<br>Fresh Fruit<br>Pineapple Chunks<br>Milk                  | <b>25</b> Chicken Biscuit, Fruit, Juice, Milk<br><br>Pepperoni Roll<br>Glazed Carrots<br>Seasoned Peas<br>Fresh Fruit<br>Peaches<br>Milk Variety<br><b>Spangler's Farm Popcorn</b> | <b>26</b> Cereal Bar, Fruit, Juice, Milk<br><br>Cheeseburger<br>Lettuce and Tomato<br>Hash Rounds<br>Celery Sticks w/Hummas<br>Fresh Fruit<br>Applesauce<br>Milk Variety  | <b>27</b> Egg and Cheese Biscuit, Fruit, Juice, Milk<br><br>Brown Beans<br>Cornbread<br>Spinach<br>Orange Pepper Strips w/Dip<br>Fresh Fruit<br>Mixed Fruit<br>Milk Variety         |
| <b>30</b> Mini Waffles, Syrup, Fruit, Juice, Milk<br><br>Chicken Fajitas<br>Refried Beans<br>Seasoned Corn<br>Fresh Fruit<br>Applesauce<br>Milk Variety   | <b>31</b> Egg, Sausage and Toast, w/ Butter & Jelly, Fruit, Juice, Milk<br><br>Pigs in a Blanket<br>Baked Beans<br>Sweet Potato Fries<br>Fresh Fruit<br>Pears<br>Milk Variety | <b>1</b> Biscuits and Sausage Gravy, Fruit, Juice, Milk<br><br>Sloppy Joes<br>Scallop Potato Casserole<br>Peas<br>Beef Stick<br>Fresh Fruit<br>Peach Applesauce<br>Milk Variety    | <b>2</b> Cereal, Banana, Juice, Milk<br><br>Summers County Sub<br>WG Chips w/Queso Cup<br>Green Beans<br>Carrot Sticks<br>Fresh Fruit<br>Frozen Fruit Cup<br>Milk Variety | <b>3</b> Breakfast Pizza, Fruit, Juice, Milk<br><br>Cheesy Chicken Tortilla Soup<br>Grilled Cheese<br>Cooked Broccoli<br>Celery w/Dip<br>Fresh Fruit<br>Mixed Fruit<br>Milk Variety |

SALAD BAR OFFERED EVERY DAY - Birthday Popcorn – January 25 - GRADES 6-12 ARE OFFER VS. SERVE!