

Return to In-Person Learning Plan

Selfridge Public School District

Selfridge School District #8

October 15, 2021

Updated September 14, 2022

Assumptions & Assurances

Selfridge School District believes:

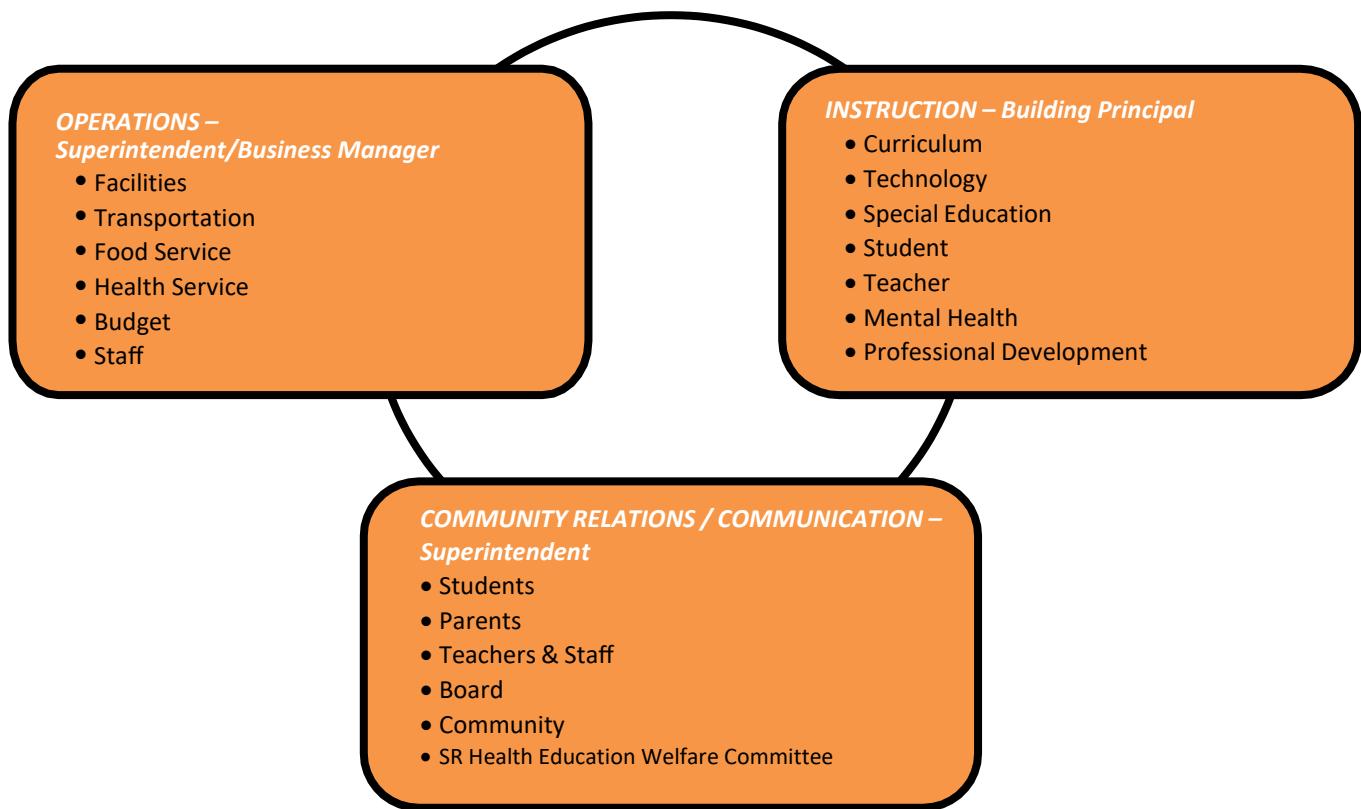
- Every student should have the opportunity to engage in learning, regardless of the spread of COVID-19 in our community.
- Schools have a vital role in providing safe environments for students, focusing on both social-emotional and physical health.
- By working together with educators, staff, health care professionals, parents, students, and community members we can solve most challenges.
- Our district will make decisions based on the most current guidance from local, state, and national health care officials.
- The Selfridge Board of Education's goal is to continue a 5-day in person learning model.
- Our School Board will ensure our plan meets the needs of our students, educators, staff and community.
- We will consult with the Standing Rock Sioux Tribe to ensure we are following reservation COVID-19 protocols.



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COVID-19 Response Team & Coordinators

This organizational structure was created to assist in the development and monitoring of the district return to in-person learning plan. This structure identifies leaders and guiding team members that will serve as a voice in how the district responds to COVID-19 during the school year. This plan is designed to address the issues of reopening as well as provide a nimble and responsive process to address issues that may not be recognized today.



The three components have been identified as key operational teams that consist of multiple departments. Each operational team will ensure normal school district operations and address challenges as they arise.

COVID-19 Building Level Coordinators

Each school building will have an identified COVID-19 Coordinator in partnership with the school district superintendent who will be responsible for the health and safety preparedness and response planning. Coordinators will make themselves available to the NDDoH 24 hours a day / 7 days a week to respond to phone calls from public health. This position will assist public health in identifying and notifying close contacts in the school setting. The coordinator will report cases of COVID-19, found in the school setting, to health officials and the State Superintendent's office.



The school building principal will assume the role of building level coordinator in all Selfridge School buildings. If the coordinator is unable to be reached, the secondary contact will be the school superintendent.



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Phases

During the 2021-2022 school year, Selfridge Public School District will operate in the new normal.

Selfridge School District Response Matrix	
New Normal	
Instructional Model	
	 Traditional Learning

Instructional Model

The instructional model used by the district will be a traditional learning model. Unless, the governor enacts an executive order to modify instructional learning models. The Selfridge School District will notify the StandingRock Sioux Tribe updates about its traditional learning model.



Traditional Learning

All instruction is delivered in-person with some building and group modifications. Teachers and students maintain a normal daily schedule. Safety precautions are implemented to enhance staff and student safety. Teachers and students maintain a normal daily schedule. Safety precautions are implemented to enhance staff and student safety.

**family choice is not available*

Health and Safety Guidance

The district strives to provide a healthy and safe environment for all who occupy our schools. The following guidelines are intended to provide a framework for the district's response to COVID-19. Selfridge Public School District will coordinate with Custer Health, Indian Health Services, and Avera E-care to provide resources to students and families to provide safe hygiene practices in the home.

Resources

ND Department of Public Instruction - <https://www.nd.gov/dpi/parentscommunity/nddpi-updates-and-guidance-covid-19>

ND Department of Health - <https://www.health.nd.gov/diseases-condiNons/coronavirus>

Center for Disease Control and Prevention - <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>



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Best Intentions

Despite taking every reasonable precaution, there is not guarantee that our school's will be without risk as it relates to COVID-19. The virus will be present on our buses, in our classrooms, and at our activities. In certain situations, social distancing is not possible in a school setting.

Our actions, as outlined in this plan, will not prevent any student or staff member from being in contact with the virus.

Protect Yourself and Others

Wash your hands often



- Wash with soap and water for at least 20 seconds especially after blowing your nose, coughing, or sneezing.
- If soap and water are not available, use hand sanitizer that contains at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Students are encouraged to wash their hands often throughout the day.

Avoid close contact



- Keep social distance from others especially important for people who are at a higher risk of getting sick.
- Alternate or modified schedules, adjustments to use of common areas, use of outdoor spaces and other actions that increase physical separation may be considered.
- The sharing of instructional materials should be limited as much as possible. Students will be social distanced as much as possible.
- Physical separation on busing, one student per seat, will be recommended but cannot be guaranteed.
- Entry to school buildings by visitors, shall be restricted to essential visitors only. No one will be allowed in the building without the permission of the principal or superintendent.
- Parents/Guardians may accompany their children to school, but will not be allowed entry into the building without an appointment.

Cover coughs and sneezes



- Always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.
- Throw tissues away and wash hands or use hand sanitizer to prevent spread.

Clean and disinfect



- School staff will be cleaning and disinfecting frequently touched surfaces throughout the day.
- If shared materials are used, (not recommended) they will be sanitized.
- Classrooms will be cleaned nightly by custodial staff.



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Cover your mouth and nose with a cloth face cover when around others



- It will be recommended that staff who are not vaccinated wear a mask when in the presence of students and other staff members.
- Students in grades 3 – 12, who are not vaccinated, will be encouraged to wear a mask during school day when adequate social distancing is not possible.
- Student in grades K – 2, who are not vaccinated, will be encouraged to wear a mask during school day when adequate social distancing is not possible. Face shields will be provided when social distancing is not possible.

Monitor your health daily



- Be alert for symptoms. Watch for a fever, cough, or shortness of breath.
- Parents are asked to screen their children each day before sending them to school. Use the screening guidance provided (see appendix).
- Staff and students who are sick should stay home seek medical guidance from their health care provider.
- Temperatures of symptomatic students or staff will be taken at the school office.
- Symptomatic students will be isolated, and their parent/guardian will be contacted.



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Student and Staff Health

Monitoring the health of students and staff will be an important component of a safe and healthy educational environment. Selfridge Public Schools will take the following measures to ensure all students and staff are healthy while they are at school.

Isolation & Quarantine

- Definitions
 - Isolation – For people who are already sick from the virus. A prevention strategy used to separate people who are sick with the virus from healthy people.
 - Quarantine – For people who are not sick but have been exposed to the virus. A prevention strategy used to monitor people who were exposed for a period of time.

Selfridge Public School will follow isolation and quarantine guidelines and directives set by NDDOH, Custer Health, and/or Indian Health Services

If a student or staff member becomes sick at school (or school event)

- Student
 - Direct/escort the child to the office.
 - Ensure student has a facial covering and is isolated in the isolation room.
 - Consult Avera E-care for guidance.
 - Parent/guardian will be contacted to pick up their child.
- Staff
 - Inform your supervisor immediately and wear a face mask/shield until they can be replaced if supervising students at that time.
 - Leave the school building/grounds and consult with a health care professional within 24 hours.

Return to School from Isolation and/or Quarantine

- Updated guidelines will be followed.
- When a student or staff member has been isolated or quarantined as directed by NDDOH, Custer Health, and/or Indian Health Services they will be allowed to return to school after being cleared by one of these entities.



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COVID-19 Close Contacts in School Settings

CDC Definition of a close contact: A close contact is defined as someone who was within 6 feet of an infected person for a total of 15 minutes or more starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to positive specimen collection) until the time the patient is isolated.

Close contacts may quarantine for the full 14-day quarantine period. However, there are options for close contacts to reduce the number of days they will need to quarantine following an exposure to a COVID-positive individual.

- If you remain symptom-free, you may reduce your quarantine period from 14 days to 10 days.
- If you remain symptom-free and receive a negative result from a COVID test, (PCR or rapid antigen test) you can reduce your quarantine to 7 days.
 - Please note, the PCR or antigen test must occur on day 5 or later.
- You must continue to quarantine while awaiting test results.
- Residents of long-term care facilities and other congregate living settings are exempt from the new guidance and should continue to quarantine for the full 14 days.

A quarantine calculator can be found at health.nd.gov/closecontact.

Consider being tested 7-10 days after your last exposure to a COVID-19 case, even if you do not have symptoms and plan to quarantine for the full 14-day period. Free public testing throughout North Dakota is available to anyone who would like to be tested for COVID-19. Click here for updated information on free testing events. <https://www.health.nd.gov/diseases-conditions/coronavirus/testing-care/where-get-covid-19-test>

If you become sick and are tested for COVID-19 during this period and are found to be Positive, the NDDoH will work with you on continuing your monitoring as a confirmed case of COVID-19. After stopping quarantine, you should:

- Watch your child for symptoms until 14 days after exposure.
- If your child has symptoms, immediately self-isolate and contact your local public health authority or healthcare provider.
- Have your child wear a mask, stay at least 6 feet from others, wash your hands, avoid crowds, and take other steps to prevent the spread of COVID-19. Individuals in your household that are contacts to contacts do not have to quarantine unless they have been notified that they are also a direct close contact to a confirmed case.

Vaccinated individuals can be exempted from quarantine if they meet ALL the following criteria:

- Are fully vaccinated (i.e. ≥ 2 weeks following receipt of the second dose in a 2-dose series, or ≥ 2 weeks following receipt of one dose of a single-dose vaccine).
- Have remained asymptomatic since the current COVID-19 exposure.



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Elementary School:

- Children sitting in desks in front of, behind, or next to the confirmed case.
- Children sitting at the same table as the confirmed case.
- If children are in a cohort or in pods, then the entire cohort or pod.
- Children eating lunch at the same table as the confirmed case.
- Children participating in extracurricular activities with the confirmed case.
- Children participating in close contact sports or physical education with the confirmed case.
- Children participating in choir or band with the confirmed case.
- Staff who are in close contact, as defined by CDC, with a confirmed case.
- If children routinely mix/interact with each other in the classroom setting, then the entire classroom will be considered close contacts.
- Children sitting next to, in front of or behind a case on a bus.
- Children carpooling to school with a case.
- Family members living in the same household as a case.
- If unable to identify close contacts of a case in a classroom or other (gym, dining hall, sporting venues, etc.) setting, School should send out alerts to others in the same classroom to watch for symptoms and contact a health care provider if symptoms develop.

Middle/High School:

- Children sitting in desks in front of, behind, or next to the confirmed case.
- Children sitting at the same table as the confirmed case.
- Children eating lunch at the same table as the confirmed case.
- Children participating in extracurricular activities with the confirmed case.
- Children participating in close contact sports or physical education with the confirmed case.
- Children participating in choir or band with the confirmed case.
- Staff who are in close contact, as defined by CDC, with a confirmed case.
- Close friends of a confirmed case.
- Children sitting next to, in front of or behind a case on a bus.
- Children carpooling to school with a case.
- Family members living in the same household as a case.
- If unable to identify close contacts of a case in a classroom or other (gym, dining hall, sporting venues, etc.) setting, School should send out alerts to others in the same classroom to watch for symptoms and contact a health care provider if symptoms develop.

Updated 3/10/2021



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Communication Plan

Due to the fluidity of COVID-19 pandemic, this plan may rapidly evolve and recommendations change. The Selfridge School District will update stakeholders regarding changes as needed.

Methods of communications that will be used by Selfridge School District:

- School District Website
- Facebook
- District wide all call system
 - *please make sure the school has updated contact information- phone number and email*
- Local Radio
- Mailings
- Emails
- School Newsletter

Facility Accommodations & Protocols

- **Visitor Process** – Visitors will only be allowed into the school building with an appointment approved by building principal or superintendent
- **Sign** – Signs will be strategically placed to promote everyday protective measures to stop the spread of germs (hand washing, social distancing, mask, entry/exit flow, etc.).
- **High frequency spaces**- These spaces will be sanitized using CDC, Custer Health, and Indian Health Services recommendations.

Avera E-care Telehealth system – sanitized after each use. Please reference cleaning instructions

Avera E-Care binder.

- All school staff members will be expected to support the sanitization efforts of custodial staff.

Transportation

- **Routes** – The school district will offer three bus routes per day (Fort Yates route, Porcupine route, and Town route) Students can still be dropped off at their schoolbuilding.
- **Safety & Health** – Students in grades PK-12 are encouraged to wear a face mask. It is recommended that staff members on the bus that are not vaccinated wear a face mask. Busses will be sanitized each day.



COVID-19 SCHOOL EXCLUSION GUIDANCE

Decision Tree for Schools



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Send home or deny entry if **ANY** of the following symptoms are present:

Fever (100.4°F or higher) **OR** loss of taste and/or smell **OR** two or more of the following symptoms: fatigue, headache, muscle/body aches, chills, cough, shortness of breath, sore throat, congestion/runny nose, nausea, vomiting, diarrhea, abdominal pain. This is in addition to general infectious disease exclusion guidance. Parents of children who are ill should contact their child's health care provider. **When there is more community transmission, the likelihood that individuals with symptoms actually have COVID-19 is higher. Therefore, symptom screenings may be more helpful when COVID-19 transmission in the community is high. Parents/caregivers should be encouraged to monitor their children for signs of infectious illness every day.**

Child is ill, but has seen a health care provider:

Tested for COVID-19
*C

Stay home awaiting test results. If **positive**, stay home at least 10 calendar days from onset of symptoms **and** for 24 hours with no fever **and** improvement of symptoms – **whichever is longer**. If **negative**, stay home until fever-free for 24 hours (without the use of medication) **and** improvement of symptoms – **whichever is longer**.

Students and staff who tested positive for COVID-19 in the past three months do not need to quarantine if identified as a close contact within 3 months of a positive test.
If both the case and their close contacts were wearing a mask at all times during exposure, then the close contacts would not need to quarantine.
*(Green Box) = Other symptoms

*Do to readily available testing all individuals experiencing symptoms are encouraged to test. Providers will render a letter to the individual to give to the school noting a negative COVID-19 test result.
c (Teal Box) = COVID-19
d (Green box) = Other symptoms

Child is ill, but has not seen a health care provider:

Symptoms listed above
C
Other symptoms not consistent with COVID-19 d

Stay home at least 10 calendar days from onset **and** for 24 hours with no fever **and** improvement of symptoms – **whichever is longer**.

* (Blue Box) = Close Contact.

* Siblings & household contacts to a confirmed COVID-19 case will need to monitor themselves and quarantine during the case's infectious period (this is typically 10 days). AND for their designated quarantine periods. Quarantine will end 14, 10, or 7 days after the case's infectious period ends.

- **It is recommended that you quarantine for 14 days from your last exposure to someone who tested positive for COVID-19.**
- You may be released from quarantine **AFTER DAY 10 if you remain symptom free.**
- You may be released from quarantine **AFTER DAY 7 if you remain symptom free and test negative for COVID-19 (PCR or Antigen).** Note: the test must occur on Day 5 or later.

Vaccinated individuals can be exempted from quarantine if they meet **ALL** the following criteria:

- Are fully vaccinated (i.e. ≥ 2 weeks following receipt of the second dose in a 2-dose series, or ≥ 2 weeks following receipt of one dose of a single-dose vaccine).
- Have remained asymptomatic since the current COVID-19 exposure.

Child was identified by public health as a close contact to someone with covid-19:

Regardless if symptoms present or not
x

May quarantine for the full 14-day quarantine period **OR** if you remain symptom free, you may reduce your quarantine period from 14 days to 10 days. If you receive a negative result from a COVID test (PCR or Antigen) and remain symptom free you can reduce your quarantine to 7 days. Test must occur on day 5 or later. Earliest release date is after day 7.



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Parents/caregivers should monitor their children for signs of infectious illness every day.

Do not send your child to school if **ANY** of the following symptoms are present:
Fever (100.4°F or higher) **OR** loss of taste and/or smell **OR** two or more of the following symptoms: fatigue, headache, muscle/body aches, chills, cough, shortness of breath, sore throat, congestion/runny nose, nausea, vomiting, diarrhea, abdominal pain. This is in addition to general infectious disease exclusion guidance. People who are ill should contact their health care provider for additional guidance.

Child is ill, but has seen a health care provider:

Tested for COVID-19 *

Stay home awaiting test results. If **positive**, stay home at least 10 calendar days from onset of symptoms **and** for 24 hours with no fever (without the use of medication) **and** improvement of symptoms – **whichever is longer**.

Diagnosed (not tested) with COVID-19 *c

Stay home at least 10 calendar days from onset of symptoms **and** for 24 hours with no fever (without the use of medication) **and** improvement of symptoms – **whichever is longer**.

Child has a diagnosis from a health care provider of an illness besides COVID-19 (e.g., norovirus, strep throat) *d

Follow provider directions/ recommended treatment & return guidance. Follow the Child Care and School Infectious Disease Guidance.

Child is ill, but has NOT seen a health care provider:

Symptoms listed above. ^c

Other symptoms not consistent with COVID-19 ^d

Follow the Child Care and School Infectious Disease Guidance.

Child was identified by public health as a close contact to someone with COVID-19: care provider:
Regardless if symptoms present or not*

May quarantine for the full 14-day quarantine period **OR** if you remain symptom-free, you may reduce your quarantine period from 14 days to 10 days. If you receive a negative result from a COVID test (PCR or Antigen) and remain symptom free you can reduce your quarantine to 7 days. Note: the test must occur on day 5 or later.

* (Green Box) = Close Contact.
* Siblings & household contacts to a confirmed COVID-19 case will need to monitor themselves and quarantine during the case's infectious period (this is typically 70 days) AND for their designated quarantine periods. Quarantine will end 14, 10, or 7 days after the case's infectious period ends.

It is recommended that you quarantine for 14 days from your last exposure to someone who tested positive for COVID-19. You may be released from quarantine AFTER DAY 7 if you remain symptom free.

-You may be released from quarantine AFTER DAY 7 if you remain symptom free and test negative for COVID-19 (PCR or Antigen). Note: the test must occur on Day 5 or later.

Vaccinated individuals can be exempted from quarantine if they meet ALL the following criteria:

* (Green Box) = Other symptoms

*Do to readily available testing all individuals experiencing symptoms are encouraged to test. Providers will render a letter to the individual to give to the school noting a negative COVID-19 test result.

c (Red Box) = COVID-19

d (Yellow Box) = Other symptoms



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COVID-19 SCHOOL ATTENDANCE GUIDANCE

Decision Tree for Parents

Parents/caregivers should monitor their children for signs of infectious illness every day.

Do not send your child to school if **ANY** of the following symptoms are present:

Fever (100.4°F or higher) **OR** loss of taste and/or smell **OR** two or more of the following symptoms: fatigue, headache, muscle/body aches, chills, cough, shortness of breath, sore throat, congestion/runny nose, nausea, vomiting, diarrhea, abdominal pain. This is in addition to general infectious disease exclusion guidance. People who are ill should contact their health care provider for additional guidance.

Child is ill, but has seen a health care provider:

Tested for COVID-19 *

Stay home awaiting test results. If **positive**, stay home at least 10 calendar days from onset of symptoms **and** for 24 hours with no fever (without the use of medication) **and** collection date of test if no symptoms **and** for 24 hours with no fever (without the use of medication) **and** improvement of symptoms – **whichever is longer**.

improvement of symptoms – **whichever is longer**. If **negative**, stay home until fever-free for 24 hours (without the use of medication) and feeling better.

* Siblings & household members also stay home for 14 days from last time exposed to a positive COVID-19 case while contagious.

^c (Red Box) = COVID-19
^d (Yellow box) = Other symptoms

Adapted from the Minnesota Department of Health
09/03/2020

Child is ill, but has NOT seen a health care provider:

Symptoms listed above. ^c

Stay home at least 10 calendar days from onset **and** for 24 hours with no fever **and** improvement of symptoms – **whichever is longer**.

Follow provider directions/
recommended treatment & return

guidance

Follow the Child Care
and School Infectious
Disease Guidance.

Other symptoms not consistent with COVID-19 ^d

Follow the Child Care
and School Infectious
Disease Guidance.

Child was identified by public health as a close contact to someone with COVID-19: care provider:

Regardless if symptoms present or not ^x

Stay home at least 14 calendar days from the last time exposed to a COVID-19 case.

Contacts should be tested 7 -10 days after last exposure. 14-day quarantine must continue regardless of test results.

^x (Green Box) = Close Contact. Household contacts of confirmed cases need to stay home for case's 10-day isolation period **plus** the 14-day quarantine period. Students and staff who tested positive for COVID-19 in the past three months do not need to quarantine if identified as a close contact within 3 months of a positive test.

www.health.nd.gov/coronavirus



Selfridge Public School District #8

Selfridge School District Response Matrix

New Normal

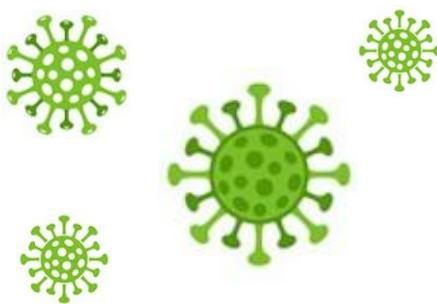
Instructional Model	 Traditional Learning
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Operational Guidance

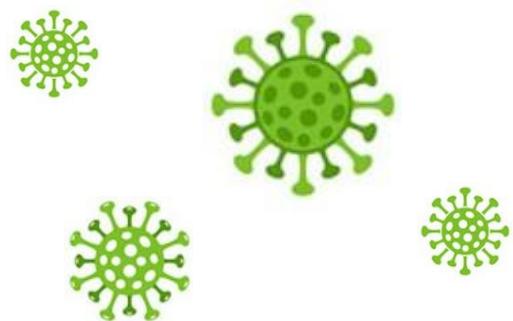
<i>Traditional Learning</i>	
Priorities:	<ul style="list-style-type: none">• Traditional school days will operate in the new normal.
Districtwide Practices:	<ul style="list-style-type: none">• Social distancing encouraged where possible.• Buildings routinely cleaned and disinfected.• Hand washing integrated throughout the day.• Hand sanitizer available throughout each building.• Automatic drinking fountains
Schools:	<ul style="list-style-type: none">• School activities will operate at the new normal following NDHSAA guidelines.• School buildings are open to visitors.
Classrooms:	<ul style="list-style-type: none">• Classroom activities will operate at the new normal.
Meal Service	<ul style="list-style-type: none">• Meal service will operate at the new normal.
Extracurricular & Activities:	<ul style="list-style-type: none">• Extracurricular and activities will operate at the new normal following NDHSAA guidelines.



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BEFORE SCHOOL!



Parents are asked to review this daily health checklist by answering these questions before sending their child to school.

(Parents do not need to send the questionnaire to school)

Does your child have a fever of 100.4° F (without the use of fever reducing medications) or greater?

Yes _____ No _____

Does your child have a new loss of taste or smell?

Yes _____ No _____

Two or more of the following:

Yes _____ No _____

- fatigue
- headache
- muscle/body aches
- chills
- cough
- shortness of breath
- sore throat
- congestion/runny nose
- nausea
- vomiting
- diarrhea
- abdominal pain



If YES to any of the questions **STOP!**

DO NOT send your child to school!!!!

Contact your healthcare provider.

**Contact your child's school to inform them of
your child's absence!!!!!!**



If you are able to answer **NO** to all questions, go to school.