PHYSICAL EXAMINATIONS OF STUDENTS

The School Committee is aware of the relationship between student health and success in school. Recognizing that parents/guardians bear the major responsibility for attending to the health needs of their children and that the school system has an interest in the well-being of its students, the School Committee adopts the following policy.

A. Physical Examinations and Screenings

Parents/guardians shall be required to have their children physically examined prior to entering school and encouraged to have examinations on a schedule recommended by their health care provider. Dental examinations shall also be encouraged.

Vision and hearing screenings will be conducted as required by Maine law. Parents will be notified of any suspected health problems identified through screening. School staff are encouraged to be alert to the general well-being of students and should refer any concerns to the building principal and/or school nurse.

Physical exams will be offered to Kindergarten students who have not had an entrance physical, and other students as recommended by the school nurse. Sports Physicals for students in grades 6-12 who are participating in interscholastic sports will be offered annually. An Annual Student Health Record will be sent home at the beginning of each academic year.

B. Participation in Athletics

Students who wish to participate in middle school or high school interscholastic athletics are required to have a physical exam and medical approval before doing so. The physical exam must have been given within two years prior to participation. Thereafter, students participating in athletics must have a physical exam every two years. A student will not be allowed to participate in practice or competition without the required physical exam and medical approval.

Between required physical exams for athletics, the Annual Health questionnaire is to identify any illness, injury, or surgery that might affect participation in sports. The school nurse will review the returned questionnaires. It is the parent/guardian responsibility to notify the school nurse of any medical conditions that are identified between physicals or during the school year, in order to best meet the student’s health needs.

In the event of severe medical injury or illness, the student will not be allowed to participate in sports without a note from the student’s doctor. The determination of need for a medical note will be at the clinical direction of the school nurse.
C. Parental Consent

Parent/guardian consent shall be required for physical examinations if given by the school physician or under the auspices of the school.

Cross Reference: JLCB- Immunization of Students

Adopted: December 21, 1993
Revised: First Reading February 25, 2019
Adopted March 18, 2019