

January 3, 2023

Dear Parents and Guardians,

As part of ongoing support for families, your child's school is offering a series of classes for parents and guardians through a partnership with the Behavior Intervention Support Team (BIST). These training sessions are designed to provide ways you can support your child's developing academic and behavior skills, as well as increase consistency between home and school.

### **BIST Virtual Parenting Series**

<b>5:45 - 6:00 PM</b>	<b>Enter Zoom Room</b>
<b>6:00 - 6:45 PM</b>	<b>Informational Session</b>
<b>6:45 - 7:00 PM</b>	<b>Questions and Answers</b>

**January 17th: Same-Page Parenting-** *How parents/caregivers can enhance consistency with one another and partner with schools for the success of children.*

**January 31st: Just an Ounce of Prevention-** *The importance of Early Intervention, Pre-Coaching, and the power of reflection for a new direction.*

**February 7th: The Kindness of Accountability-** *Working for life impact and growing kids who care.*

These classes are designed to:

- Create consistency between school and home
- Provide language for adults to use when redirecting children
- Share ways to problem solve to increase your child's success
- Increase generosity and kindness in your children
- Bring a sense of calm to your home

Please join us for any or all three sessions!

### **Register for the Free Training**

These virtual classes are provided free of charge, however, we do ask that you please register through our website on or before Friday, January 13<sup>th</sup> so that the Zoom link can be emailed to you on Monday before class. Instructions for registration are on the page below.

We are excited to offer this opportunity to you!

Sincerely,

Marty Huitt, Director  
Behavior Intervention Support Team/Cornerstones of Care  
8150 Wornall Road, Kansas City, MO 64114  
@MartyHuitt

To register for this class:

1. Go to <http://BIST.org>
2. Use the dropdown menu "My Account." Click Log In/Log Out
  - a. If you already created a username by previously enrolling in a BIST class, just log in.
  - b. Or create a username by clicking "Click Here" under the large LOG IN heading.
  - c. Enter your information (Name, Email, and a Password). This will register you on the website, but not for the class.
3. Select the class you wish to attend. Click "Register" to the right of the class name.
4. Follow the instructions.
  - a. Be sure to select "Free Class" under the Payment Method since this class is free to any families of member schools.
  - b. Select your child's District and School from the dropdown menus (if you have more than one child in the school/district, just choose one).
  - c. Select your position as a Parent unless you are a school staff member. If you are both a parent and a school staff member, you may select either.
5. Currently, the website does not send out confirmations of registration. You will receive the Zoom link by noon on the Monday before each class day. If you do not, please contact our office at **BIST@cornerstonesofcare.org** for assistance.