

HEALTH EDUCATION

The district is committed to a sound, comprehensive health education program as an integral part of each student's general education. Health education shall be incorporated into the subject matter of existing courses as well as in designated classes.

The health educational program shall emphasize a contemporary approach the presentation of health information, skills, and knowledge necessary for students to understand and appreciate the functioning and proper care of the human body. In addition, the student will be presented with information regarding complex social, physical, and mental health problems to be encountered in society. Health education shall examine the potential health hazards of social, physical, and mental problems which exist in the broad school-community environment in an effort to help students make intelligent, viable choices on alternatives of serious personal consequence.

The School Committee believes that the greatest opportunity for effective health education lies within the public schools because of (1) the opportunity to reach almost all children at an age where positive, lifelong health habits may be engendered, and (2) the availability of qualified personnel to conduct health educational programs. Good health is a dynamic, not a static, quality and therefore depends upon continuous lifelong attention to scientific advances and acquisitions of new knowledge.

Adoption Date: March 1, 1993

Effective Date: March 1, 1993

SANFORD SCHOOL DEPARTMENT