

## FOOD SERVICES MANAGEMENT PROCEDURES

The link between nutrition and learning is well documented. Healthy eating patterns are essential for students to achieve their full academic potential, full physical and mental growth and a lifelong health and well-being. Healthy eating is demonstrably linked to reduced risk for mortality and development of many chronic diseases as adults. Well-planned and well-implemented school nutrition programs have been shown to positively influence students' eating habits.

1. Nutritious and appealing foods, such as fruits, vegetables, low fat dairy foods and low fat grain products shall be available wherever and whenever food is sold or otherwise offered at school and at school sponsored events. Examples of school sponsored events: fundraisers, school stores, athletic events, exhibits, performances, dances, parties, celebrations, meetings and open houses.

Adoption date: July 9, 2002

Effective date: July 9, 2002

SANFORD SCHOOL DEPARTMENT