

Revised 7/26/23

Spencer-Van Etten, Candor and SVEC



**Sports Handbook
For Athletes and Parents**

Dear Athletes and Parents,

We are excited to be working with you and are 100% grateful for your commitment to our teams, coaches, fellow teammates and families! Thank you, in advance for the guidance and support you provide to your student-athlete(s).

We hope that the following handbook will help guide you through your season and the entirety of your athletic career with Candor, Spencer-Van Etten and SVEC sports.

Included in this handbook will be resources to inform you of safety policies, expectations and procedures for each season. If at any time, you need further guidance, we encourage you to contact us, as your Athletic Directors, or one of your colleagues.

We are excited to share with you, our joint Academic Accountability Program, Substance Abuse Policy and the Section IV Sportsmanship policy.

Thank you, in advance, for making us proud and for representing both districts with respect for both you and the districts in portraying positive sportsmanship throughout each game and season.

Have fun and play hard!

Sincerely,

Holly Carling

Holly Carling
Athletic Director
Candor CSD

Beth Ebel-Ruocco

Beth Ebel-Ruocco
Athletic Director
Spencer-Van Etten SD

ATHLETIC TEAMS & LEVELS CURRENTLY OFFERED BY SVE and CANDOR

FALL	LEVEL	MERGED? - depends on original #'s and committee decision START DATES:
Cheerleading Football Boys Soccer Girls Soccer Girls Volleyball Girls Cross Country Boys Cross Country Field Hockey	Varsity, Modified Varsity, Modified Varsity, Modified Varsity, Modified Varsity, JV Varsity, Modified Varsity, Modified Varsity, Modified	V/JV/Mod MONDAY, AUGUST 21 Mod FH starts 9/7
WINTER	LEVEL	MERGED? - depends on original #'s and committee decision
Boys Basketball Girls Basketball Cheerleading Volleyball Wrestling Boys Bowling Girls Bowling	Varsity, JV, Modified Varsity, JV, Modified Varsity Modified Varsity Varsity Varsity	Mod Boys Bball/Mod Volleyball - Monday, October 23 JV/Varsity - Monday November 13 Mod Girls Bball/Mod Wrestling- Tuesday, January 3
SPRING	LEVEL	MERGED? - depends on original #'s and committee decision
Baseball Softball Boys Track Girls Track Boys Golf Girls Golf	Varsity, JV, Modified Varsity, Modified Varsity, JV, Modified Varsity, JV, Modified Varsity Varsity	JV/Varsity - Monday March 11 Mod Track & Field - Monday, March 18 Mod Baseball & Mod Softball - Monday, April 1

*Teams, levels and merger status are subject to change dependent upon student participation.

S-VE, Candor and SVEC Fall Coaches Information 2023-24

Sport	Level	Coach	E-mail
Cheerleading (SVEC)	Varsity	Catherine Collins	sveyacheer@gmail.com
Cheerleading (SVEC)	Modified	Melissa Stone	Stonem168@hotmail.com
Cross Country (C)	Varsity	Bree Zogaria	bzogaria@candorcs.org
Cross Country (C)	Varsity Asst./Mod	Kim White	kwhite@candorcs.org
Cross Country (SVE)	Varsity/Mod	Ronnie Miller	ROmiller@svecsd.org
Cross Country (SVE)	Varsity/Mod	Kyle Holmes	kyholmes@svecsd.org
Field Hockey (SVEC)	Varsity	Abby Gentile	agentile@svecsd.org
Field Hockey (SVEC)	Varsity Asst	Stacy Quinn	squinn@svecsd.org
Field Hockey (SVEC)	Modified	Lindsay Domion	ldomion@svecsd.org
Field Hockey (SVEC)	Modified	Terry Dhuy	tdhuy@svecsd.org
Football (SVEC)	Varsity	Mike Chaffee	machaffee@gmail.org
Football (SVEC)	Varsity	Craig Bennett	cbennett@candorcs.org
Football (SVEC)	Varsity	Gino Martone	gmarton1@binghamton.edu
Football (SVEC)	Asst Varsity	Mike Klym	kllym@frontiernet.net
Football (SVEC)	Asst Varsity	Zack Ossit	zossit@candorcs.org
Football (SVEC)	Mod A (7/8/9)	Cliff Pierce	cpierce@candorcs.org
Football (SVEC)	Mod A (7/8/9)	Kyle Pierce	kpierce@svecsd.org
Football (SVEC)	Mod A (7/8/9)	Adam Zwierlein	azwierlein@candorcs.org
Football (SVEC)	Mod A (7/8/9)	Dan Craven	dcraven@svecsd.org
Boys Soccer (SVEC)	Varsity	Jason Banks	jbanks@candorcs.org
Boys Soccer (SVEC)	Varsity	Sean Lanning	Smlanning95@gmail.com
Boys Soccer (SVEC)	Modified	Bill Schanbacher	billyssn381@gmail.com
Girls Soccer (SVEC)	Varsity	Megan Friscia	mfriscia@svecsd.org
Girls Soccer (SVEC)	Modified	Mike Lejedal	MIlejedal@svecsd.org
Volleyball (C)	Varsity	Pam Quinlan	pquinlan@candorcs.org
Volleyball (C)	JV	Mike Swartz	mswartz@candorcs.org
Volleyball (C)	Mod	Brittney Noble	bnoble@candorcs.org
Volleyball (SVE)	Varsity	Charity Myers	charity.meyers.cm@gmail.com
Volleyball (SVE)	JV	Sydney Meyers	smeyers01@yahoo.com

S-VE, Candor and SVEC Winter Coaches Information 2023-24

Sport	Level	Coach	E-mail
Boys Basketball (C)	Varsity	Nate Thomas	nthomas@candorcs.org
Boys Basketball (C)	JV	Dave Russell	drussell@candorcs.org
Boys Basketball (C)	Modified (8th grade)	Kevin Jester	kjester@candorcs.org
Boys Basketball (C)	Modified (7th grade)	Adam Zwierlein	azwierlein@candorcs.org
Boys Basketball (SVE)	Varsity	Cliff Pierce	cpierce@candorcs.org
Boys Basketball (SVE)	JV	Kyle Pierce	kpierce@svecsd.org
Boys Basketball (SVE)	Modified (8th grade)		
Boys Basketball (SVE)	Modified (7th grade)		
Girls Basketball (C)	Varsity	Carl Kanoff	cakanoff@candorcs.org
Girls Basketball (C)	JV	Boyd Andrews	bandrews@candorcs.org
Girls Basketball (C)	Modified (8th grade)		
Girls Basketball (C)	Modified (7th grade)	Kevin Jester	kjester@candorcs.org
Girls Basketball (SVE)	Varsity	Justin Cole	juscole@svecsd.org
Girls Basketball (SVE)	JV	Jeremy Kastenhuber	jkastenhuber@svecsd.org
Girls Basketball (SVE)	Modified (8th grade)	Lindsay Domion	ldomion@svecsd.org
Girls Basketball (SVE)	Modified (7th grade)	Abby Gentile	agentile@svecsd.org
Bowling (G/B) (SVEC)	Varsity	Ryan Nelson	rnelson@svecsd.org
Cheerleading (SVE)	Varsity		
Cheerleading (C)	Varsity	Jenn Coppage	jmenglish1@yahoo.com
Volleyball (C)	Modified (8th grade)	Mike Swartz	mswartz@candorcs.org
Volleyball (C)	Modified (7th grade)	Brittney Noble	bnoble@candorcs.org
Volleyball (SVE)	Modified (8th grade)		
Volleyball (SVE)	Modified (7th grade)		
Wrestling (SVEC)	Varsity	Nick Petrie	npetrie18@gmail.com
Wrestling (SVEC)	Varsity	Jesse Buck	30jbuck@gmail.com
Wrestling (SVEC)	JV and Varsity Assistant	Robbie Swartout	vongretch1@gmail.com
Wrestling (SVEC)	Modified	Jay McIntosh	jmcintosh@svecsd.org

S-VE Spring Coaches Contact Information 2023-24

<u>Sport</u>	<u>Level</u>	<u>Coach</u>	<u>E-mail</u>
Baseball (SVEC)	Varsity	Cliff Pierce	cpierce@candorcs.org
Baseball (SVEC)	Varsity	Ronnie Miller	romiller@svecsd.org
Baseball (SVEC)	JV	Boyd Andrews	bandrews@candorcs.org
Baseball (SVEC)	JV	Ryan Nelson	rnelson@svecsd.org
Baseball (C)	Modified		
Baseball (SVEC)	Modified	Chris Dodd	cdodd@svecsd.org
Softball (SVEC)	Varsity	Megan Friscia	mfriscia@svecsd.org
Softball (SVEC)	Junior Varsity	Stacy Quinn	Squinn@svecsd.org
Softball (SVEC)	Varsity	Mike Swartz	mswartz@candorcs.org
Softball (SVEC)	Junior Varsity	Pam Quinlan	pquinlan@candorcs.org
Softball (C)	Modified	Jaida Thomas	jthomas@candorcs.org
Softball (SVE)	Modified	Brian Grube	bgrube@svecsd.org
Boys Golf (C)	Varsity	Kevin Jester	kjester@candorcs.org
Boys Golf (SVE)	Varsity	Joe Darrow	JoeDarrow11@gmail.com
Girls Golf (SVEC)	Varsity	Nicole Ramos	nramos@svecsd.org
Girls Golf (SVEC)	Varsity Assistant		
Girls Track (C)	Varsity	Dave Russell	drussell@candorcs.org
Boys Track (C)	Varsity	Bree Zogaria	bzogaria@candorcs.org
Track (C)	Varsity Assistant	Kim White	kwhite@candorcs.org
Track (C)	Varsity Assistant		
Boys Track (SVE)	Varsity	Ryan Holmes	rholmes1284@gmail.com
Girls Track (SVE)	Varsity	Rebecca Paasch	rpaasch@svecsd.org
Track (SVE)	Varsity Assistant	Sandra Holmes	rpaasch@svecsd.org
Track (SVE)	Modified	Kyle Holmes	KYHOLMES@svecsd.org
Track	Modified Assistant	Brian Belanger	bbelanger@svecsd.org

Student Athlete Job Descriptions

First and foremost, you are a student first.

- Academics- ***Academics come first!***
- Sportsmanship- ***be positive role models and always be respectful to yourself, your teammates and opposing teams and individuals***
- Leadership- Be a positive leader no matter what the situation or who is watching
- Injury Prevention- To prevent injury- be proactive, not reactive. Use our Resources to help keep you healthy!
- Equipment- You are responsible for taking care of your team equipment and individual uniforms, etc. You will be charged for uniform pieces not returned.
- Physical, Social, Emotional well-being- our goal is to have ***healthy well-rounded athletes, please practice healthy habits.***
- Communication- Please talk to and share concerns with your coach. Open communication is key to success.
- Meet the Coaches Night- Whether you “know” your coach or not, it is your responsibility to attend the Meet the Coaches Night for pertinent information from the coaches, trainers and athletic directors.
- Off season Opportunities- **Off-season** practices may be provided for the team including an opportunity to work with our District’s strength coach for increased strength development. While these are not mandatory, they are encouraged.

Spencer-Van Etten Central School

Coaches Mission Statement

As coaches at Spencer-Van Etten, it is our mission to be a living example of sound personal values. We will promote sportsmanship and encourage positive attitudes. We will fulfill our administrative duties by maintaining a level of professionalism and continually enhancing our coaching performances.

Spencer-Van Etten Athletic Philosophy

The Spencer-Van Etten School District has established an extra-curricular athletic program whose aims, and objectives are congruent with the overall instructional aims and objectives of the district.

Each individual who participates is encouraged to develop his/her abilities to their maximum potential. Each child, without regard to socio-economic background, shall receive equal opportunity to participate within his/her individual capacity and the school's ability to provide these activities. Specifically-- the following are aims of our athletic program:

1. The development of fundamentals and skills to the utmost of each individual.
2. The development of good habits of citizenship, sportsmanship, character and health.
3. The development of positive self-image.
4. The development of leadership skills and the ability to work cooperatively with others.

Candor Central School Athletic Mission Statement

Candor Central School



Athletics

MISSION

**In support of the educational mission of the
Candor Central School District:**

WE WILL teach valuable life lessons through the participation in sports

- WE WILL teach and inspire teamwork, grit, sportsmanship and leadership
- WE WILL engage our community in meaningful ways
- WE WILL recognize athletics as a significant component to academics, mental well-being & physical wellness

CORE VALUES

<p>RESPECT We treat ourselves and others as we want to be treated.</p>	<p>POSITIVE ATTITUDE We have high energy, enthusiasm, and optimism every day.</p>	<p>DISCIPLINE We will develop skills and attitudes which focus on building a student athlete's mindset to achieve great things.</p>
<p>UNITY We will rise <i>collectively</i> for the betterment of our team</p>	<p>COMPETITIVENESS Our goal is to win and to excel at the highest level while acting and competing in a way that reflects our core values</p>	<p>SERVICE We will seek opportunities to serve others.</p>

Below you will find contact numbers for integral people that you may need during your season:

Name	Title	E-mail	Work#
Holly Carling	Athletic Director (CCS)	hcarling@candorcs.org	607-659-3074
Cathy Doane	Athletic Assistant (CCS)	cdoane@candorcs.org	607-659-5020
Beth Ebel-Ruocco	Athletic Director (S-VE)	BEBELRUOCCO@svecsd.org	607-589-7140 X3453
Tyler Lloyd	Athletic Manager (S-VE)	tlloyd@svecsd.org	607-589-7140
Prestin Sample	Athletic Trainer (SVE/SVEC)	Prestin.sample@ascension.org	607-589-7140
Michael Frawley	Athletic Trainer (Candor)	mfrawley@candorcs.org	607-659-5010
Jessy Williams	Strength & Conditioning Coach (CCS)	jwilliams@candorcs.org	607-659-5010
Tim Wilson	Transportation Director (S-VE)	timwilson@svecsd.org	607-589-7160
Katie Anderson	Transportation Supervisor (CSS)	kanderson@candorcs.org	607-659-3115
Vonnie Quick	Booster Club President	vquick1964@yahoo.com	
Terry Dhuy	Booster Club President	tdhuy@svecsd.org	607-589-7140

Candor and Spencer-Van Etten Academic Accountability Program (AAP)

Any student participating in an extracurricular activity will have to follow the Academic Accountability Program (AAP). This program ensures that academic success is our first priority and is upheld by all students. This program is designed to keep players in the game if they are working hard in the classroom. There are two levels to the AAP as described next, which will begin within the first marking period (progress reports and report cards). At the beginning of each marking period, an Administrator will meet with all students failing one or more classes to go over the requirements for each level described below.

PROBATION: Failing one or more classes- you have two weeks to get your grades up. During this time, you can participate in practices and in games. You must stay after school, with a teacher from **3:00 - 3:45(SVE)** or **2:22-3:00 (CANDOR)** to work on the class you are failing at an Academic Study Hall Tuesday, Wednesday and Thursday.

At the end of the two week period the student must take the eligibility update form to their teachers to determine eligibility. **(IT IS THE STUDENT'S RESPONSIBILITY). Candor Teachers complete a form indicating if students are "meeting expectations or not". If they are not, they do not get to play in a contest until they are meeting expectations.**

AFTER TWO WEEKS: If after the two weeks you are still failing, you move to being ineligible which means you may practice **but not play in any contest**. During this time, you must continue to stay after school with the teacher of whom's class you are failing from **3:00 - 3:45(SVE)** or **2:22-3:00 (CANDOR)** or in Academic Study Hall Tuesday, Wednesday and Thursday. At the time you are passing or meeting expectations, you must get the update signed by your teacher and present it to the AD to be able to play.

At the end of the two week period the student must take the eligibility update form to their teachers to determine eligibility.

****ADMINISTRATIVE DISCRETION can be used in specific circumstances.

****The status of a student on Probation and Ineligible will transfer to the following sport season. The exception to this would be from a Spring Sport to a Fall Sport. AAP status will end on the last day of School.

CANDOR and SPENCER VAN ETTEN SUBSTANCE ABUSE POLICY

- Substance abuse (alcohol, tobacco, drugs, juul's, e-cigarettes, vaping, etc):
 - 1st infraction- Sit 20% of scheduled contests
 - 2nd infraction- Sit 40 % of scheduled contests
 - 3rd infraction- Suspension from athletic participation, pending review from athletic director/high school principal

****A coach may have a contract that is more stringent (not less stringent) than the school policy that is signed at the beginning of the season.

Section IV Sportsmanship Policy for Spectators

Because Section IV and the NYSPHSAA believes that the purpose of interscholastic athletics is to help promote sportsmanship and also believes that coaches, athletes, officials and spectators should be setting examples by their behavior, it is recommended that the following policy be implemented at all member schools of Section IV.

MISCONDUCT POLICY

Any spectator [Student, Parent, or other Fan] should refrain from unsportsmanlike conduct. Any specific act of misconduct of the kind described herein by any spectator from the modified level through the varsity level in any sport shall result in action by the member school and supported by the Section IV Athletic Conference as set forth below.

SPECTATORS

Any spectator [Student, Parent, or other Fan] who is ejected from an interscholastic competition for having used profanity, engaged in unsportsmanlike conduct, or who physically assaults an official shall be sanctioned for such conduct in the following manner.

Disqualification for Use of Profanity or Unsportsmanlike Conduct

A. SPECTATOR:

Any spectator excluded by a certified official or a school approved supervisor from an inter school competition for unsportsmanlike conduct, including taunting, is ineligible to attend any contest hosted by a Section IV affiliated school, in that sport until after the next previously scheduled contest at the same level [e.g. junior varsity, varsity, etc.] has been completed. In individual sports a multi-day contest is considered to be a contest. Disqualification from one season carries over to the next season of participation. The spectator may not be present at the game site. NOTE: "Not being physically present at the site" means the disqualified spectator is not to be present on the sidelines, in the stands or site area before, during or after the contest. Any spectator that does not serve

the penalty for violating the Sportsmanship Standard will be ineligible to participate in the next two regularly scheduled contests of their affiliated school.

- B.** *Who receives a second ejection penalty in the same sport season in the same season shall not attend the next two regularly scheduled contests hosted by Section IV or their affiliated schools in that sport and at that level.*
 - C.** *Who receives a third ejection penalty in the same sport in the same season will not be allowed to attend for the remainder of the season. If the disqualification penalty takes place in the last contest of the season [regular season or post schedule play], Section IV will assess the penalty carrying over into the next season of attendance.*
- 1.** *A spectator who strikes, shoves, kicks or makes other physical contact with the intent to annoy, harass or intimidate another person [e.g. official, another coach, player, fan] shall be expelled immediately and banned from further attendance in all sports for a period of time to be determined by the Section IV and their affiliated schools Superintendent not to exceed one year from the date of the offense.*

In addition, any spectator who does any of the aforementioned actions or acts in a threatening manner, physically or verbally, to any staff member, student or official can be banned for a time determined by the superintendent of the school.

CHAIN OF COMMAND

1. If there is an issue, you should contact at least your first line supervisor (head coach, athletic director, principal) as soon as feasible so that they are at least informed prior to someone reaching out to them regarding that issue.
 2. Decide at the lowest possible level. Communication should be in a very linear approach:
 - Athletes should talk with the coach.
 - If unresolved, the athletes and their parents should talk with the coach.
 - If still unresolved, the athlete, parent, and coach should talk with the varsity coach.
 - If still unresolved, then the AD should be involved. If a parent calls me, my first question will be "Have you talked with the coach?"
- If you have a parent approach you, that would be something that you should at least give the AD a heads up, so that the AD can be informed and prepared.
3. Immediately following practice/contest- there should be no communication unless an immediate safety concern must be addressed.

SCHEDULE GALAXY/Aktivate

Schedule Galaxy is the scheduling tool for 17 of the 18 schools in the IAC and dozens of others throughout Section IV. There are instructions on www.schedulegalaxy.com for getting the app. Anyone who has the app can become a “fan” of the specific teams and levels that they want to watch. It also offers links for directions and has a vast amount of capabilities which we will continue to grow and use as we move forward.

FAMILY ID/Arbiter Sports

Once again, we are using “Family ID” to register our student athletes and collect all of the forms and permissions.

IMPACT TEST

The impact test is a computer-based test for a baseline score regarding mental agility. It is simply a tool that can be used to safely reintroduce an athlete into a sport once a suspected concussion has been identified. It is not a diagnosing tool. The impact baseline test must be taken prior to the student athlete beginning practice for a sport. A baseline score is viable for up to three (3) years. If there is a suspected concussion, a post injury test sample must be taken within the first 72 hours, however, within the first 24 hours is preferred. Either the HS nurse, trainer or the athletic director can conduct these tests.

TRANSPORTATION FROM GAMES

As stated in our Athletic’s Code of Conduct **students can only be signed out by a parent/guardian from games**. If an alternative arrangement needs to be made, the Athletic Director must be contacted for approval. These requests should not be placed on the day or night of the game, unless there is an emergency. Please have these conversations with your team BEFORE the season.

2023-2024 FALL PRE-SEASON PRACTICE SCHEDULE

Fall Team	Coach	Possible Start Date	# of practices needed	Practice Location	Practice Time	Bus Time
SVEC Vars Cheer SVEC Mod Cheer	Catherine Collins Melissa Stone	Mon. Aug. 21	6	SVEMS	4:45-6:45	4:30pm from CHS to SVE 6:45 from SVE to CHS
Candor Varsity XC Candor Mod XC	Bree Zogaria Kim White	Mon. Aug. 21	6	CHS	8:00-10:00	n/a
SVEC Vars Field Hockey SVEC Mod Field Hockey	Abby Gentile Stacy Quinn Lindsay Domion Terry Dhuy	Mon. Aug. 21 Thurs. Sept 7	6	SVE	7:45-1:00 (8-10:30 and 11-1)	7:30 from CHS to SVE 1:00 from SVE to CHS
SVEC Varsity Football	Craig Bennett Mike Chaffee Zack Ossit Mike Klym	Sat. Aug. 19	10	SVE	7:45-1:00 (8-10:30 and 11-1)	7:30 from CHS to SVE 1:00 from SVE to CHS
SVEC Mod Football	Cliff Pierce Kyle Pierce Dan Craven Adam Zwierlein	Mon. Aug. 23	10	CHS	8-10:30	7:45 from SVE to CHS 10:30 from CHS to SVE
SVEC Vars Boys Soccer SVEC Mod Boys Soccer	Jason Banks Sean Lanning Billy Schanbacher	Mon. Aug. 21	6	CHS	5-7pm	4:45 from SVE to CHS 7pm from CHS to SVE
SVEC Vars Girls Soccer SVEC Mod Girls Soccer	Megan Friscia Mike Lejadel	Mon. Aug. 21	6	SVE	7:45-10:15	7:30 from CHS to SVE 10:15 from SVE to CHS
Candor Vars Volleyball Candor JV Volleyball	Pam Quinlan Mike Swartz	Mon. Aug. 21	6	CHS	9:00-2:00	n/a

BUILDING SECURITY

External doors need to remain **locked and shut** at all times. You may NOT prop doors open or lock the panic bar down. If student-athletes need to get into the building, a coach or teammate can let them in. If you play at a field and need to get into the building, please talk to your coach.

UNIFORMS

Uniforms are on a replacement cycle. All programs receive new uniforms approximately every five years. You are responsible for the uniform provided to you. We have a financial obligation to the district and tax payers to ensure every uniform is accounted for, therefore, if a uniform is not returned at the end of the season, you will be charged for it. If you do not turn in or pay for a uniform, you will not be provided another uniform (even if in another season).

DRESS GUIDELINES

You, your coach and your team members are representing S-VE, Candor and SVEC as a whole. Please wear clothing that is respectable to you and others to ensure it is appropriate and in good taste.

BOOSTER CLUB

Our Booster Clubs are very supportive of the programs in both districts and provide a considerable amount of financial support. **Please consider joining the club and helping out in the booth so we can continue enjoying the benefits of the work the clubs do..** We don't expect you to help when your athlete is playing, but we do encourage you to help during other games. Please and thank you!

S-VE/CCS ATHLETICS RECESS CALENDAR

The following is the S-VE/CCS Athletics Recess Calendar. S-VE student-athletes are not able to participate in open gym, practice, contests, etc. on these days. Contests and practices may be allowed on the athletics recess dated based on extenuating circumstances with prior approval from the Spencer-Van Etten Athletic Director.

Candor student-athletes may not participate in practices that occur on Thanksgiving Day, Christmas Day, New Year's Day and Easter- **all other holiday practices are permitted.**

Coaches will use their discretion in determining the feasibility of student-athletes participating in practices on Holidays

S-VE and Candor Athletics Recess Calendar

<u>Date</u>	<u>Federal Holiday</u>	<u>Day</u>
September 4, 2023	Labor Day	Monday
October 9, 2023	Columbus Day	Monday
November 11, 2023	Veterans Day	Saturday
November 23, 2023	Thanksgiving Day	Thursday
December 24, 2023	Christmas Eve	Sunday
December 25, 2023	Christmas Day	Monday
December 31, 2023	New Year's Eve	Sunday
January 1, 2024	New Year's Day	Monday
January 15, 2024	Martin Luther King Day	Monday
May 27, 2024	Memorial Day	Monday
July 4, 2024	Independence Day	Thursday

*Practices to be done by 12PM on New Year's Eve

Contests and practices may be allowed on the above dates based on extenuating circumstances with prior approval from the Athletic Director.

Last but not least, practices are CLOSED, even if the practice is outside.. This means players and coaches only are allowed at practices. Thank you for adhering to this policy.

Thank you to each of you for the part you play in Candor, Spencer-Van Etten and SVEC athletics.

We look forward to a great season and a great year!