



# September 2022

## [NAME] SCHOOL

### LUNCH MENU

12<sup>th</sup> – 16<sup>th</sup>

**Weekly Breakfast:**

**Pick 1**

- Cereal
- Nutri Grain Bar
- Pop Tart
- Granola Bar

**Pick 1**

- String Cheese
- Graham Cracker

All Breakfast Must  
Include Choice of:  
Fruits  
& May Include:  
1% Low-Fat Milk

All Lunches Must Include  
Choice of:  
Fruits and/or  
Vegetable  
And May Include:  
1% Low-Fat  
Milk

Powering  
potential.



**Menus are subject to change.**

12

### MONDAY

Pancakes & Sausage  
Ham/Cheese Sandwich  
Tater Tots, Cherry Tomatoes  
Assorted Fruit & Juice

13

### TUESDAY

Hot Dog  
Turkey/Cheese Sandwich  
Baked Beans, Celery  
Assorted Fruit & Juice

14

### WEDNESDAY

Chicken Patty  
Ham/Cheese Sub  
Sliced Carrots,  
Cucumbers  
Assorted Fruit & Juice

15

### THURSDAY

8" Beef WG Soft Taco  
Turkey/Cheese Sub  
Corn, Shredded Romaine  
Assorted Fruit & Juice

16

### FRIDAY

Chicken-Nugget & Cheese  
Snack Wrap  
WG Flatbread, Pepperoni,  
Cheese Pizza Pack  
Green Beans, Celery  
Baby Carrots  
Assorted Fruit & Juice

All Lunches Must Include  
Choice of:  
Fruits and/or  
Vegetable  
And May Include:  
1% Low-Fat Milk

**BREAKFAST Prices:**

Free - \$0.00  
Reduced - \$0.30  
Full Pay - \$1.86  
Adult Price -

**Ala Carte Prices:** Milk \$0.50

(There is a \$0.50 charge for milk if you don't take a full meal even if you are free or reduced lun  
\*Menu Subject to Change without Notice

**LUNCH Prices:**

Free - \$0.00  
Reduced - \$0.30  
Full Pay - \$3.91  
Adult Price - \$4.27

**Ala Carte Prices:** Milk \$0.50



**Limited Time Offer:**  
Harvest Grain Bowl

This institution is an equal  
opportunity providers