**11th Grade Health Opt-Out Form**

We have decided that \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (student name) will opt out of the following unit(s). Please indicate the area(s) with an “X” in front of the unit topic. For additional information on how these topics will be presented, please contact your classroom teacher.

\_\_\_\_\_ **Human Sexuality**

* Abstinence is the conscious decision not to participate in a sexual activity.
  + Skills to support this decision.
* A knowledge of human physiology creates a foundation for lifelong wellness
  + What are the reproductive organs? How do the reproductive organs function?
* The stages of development from conception to birth.
  + Why is prenatal care important? How does the environment affect fetal development? What options are available for a pregnant teen? What occurs during the birth process?
* The choices affecting reproductive health and responsibilities.
  + How can pregnancy be prevented? What are the risks and effectiveness of each method of birth control? What are some of the costs of becoming a parent?
* Philosophy I: Student-initiated questions will be referred home.
* Philosophy II: Student-initiated questions will be answered in class in a scientifically factual manner

\_\_\_\_\_ **Sexually Transmitted Infections (STI’s) and HIV/AIDS**

* Personal choices in behavior can increase or decrease risk factors of sexually transmitted diseases.
* Identify STI symptoms, treatment, effects and prevention
* Identify risk factors for STI’s.
* How is disease prevention the responsibility of the individual?
* What are the benefits of abstinence?
* What treatments are available for disease control?
* Philosophy I & II:
  + Student-initiated questions will be answered in class in a scientifically factual manner.

Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_