

FEBRUARY 2019

STAPLES MOTLEY AREA SCHOOLS

KEY: B- Breakfast L- Lunch

Milk served with all meals

Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cinnamon Roll, ½ cup fruit, juice, milk L- Italian Dunkers with sauce, corn, juice, salad bar, fruit and milk
4B-Goldfish crackers, Yogurt, ½ cup fruit, juice, milk L-BBQ Chicken breast on a bun, Cole Slaw, Baked Beans, chips, fruit and milk	8B-French Toast with syrup, ½ cup fruit, juice, milk L-Hot Dog on Bun, Sliced Cucumbers, Bake Fries, Salad Bar, fruit and Milk	9B-Stuffed Bagel, ½ fruit, juice, milk L- Chicken alfredo with bread sticks, salad bar, cucumbers, peas and carrots, fruit and milk	10B-Egg Sandwich, ½ cup fruit, juice, milk L- Drumstick, Mashed potatoes with gravy, Bread slice, Broccoli, Fruit and Milk	11B- Cinnamon rolls, ½ cup fruit, juice, milk L-Assorted Pizza, WG Cookies, Spinach Salad Bar, Assorted Fruit and Milk
11B Waffles, ½ cup fruit, fruit juice and milk L-Orange Chicken with Rice, Fresh carrots, Broccoli, fruit, juice, Milk	12B snack bread, ½ cup fruit, fruit juice and milk L-Beef Taco, Shredded Lettuce, Diced Tomatoes, shredded cheese, corn, Fruit, Milk	13B- Breakfast Pizza, ½ cup fruit, juice and milk L- Chicken Nuggets, Mashed potatoes, gravy, marinated Cucumbers, broccoli, fruit and Milk	14B- Egg Sandwich, ½ cup fruit, juice, milk L- Cheeseburger patty on a Bun, fries, Salad bar, fresh fruit and milk	15B- Long Johns, ½ cup fruit, juice, milk L- Mini Corn dogs, Baked Beans, chips, fruit, salad bar, milk
18 NO School	19 No School	20B- Stuffed Bagel, ½ fruit, juice, milk L- Mac and Cheese, dinner roll, salad bar, baked beans, fruit and milk	21B Egg Burrito with cheese, ½ cup fruit, juice, milk L- Sloppy Joes, fries, corn, juice, fruit and milk	22B- Cinnamon rolls, ½ cup fruit, juice, milk L-Assorted Pizza, cookies, salad bar, green beans, juice, fruit and milk
25B –Waffles, ½ cup fruit, juice, milk L-Seasoned meatballs, mashed potatoes, corn, salad, fruit and milk	26B French Toast with syrup, ½ cup fruit, juice, milk L-Soup and Sandwich (HS MS) Hot dogs with chips, Baked Beans (Elem), Salad, Fruit, and milk	27B Breakfast Pizza, ½ cup fruit, juice and milk L-Spaghetti with meat sauce, garlic toast, dinner salad, Peas, fruit and milk	28 Egg Sandwich, ½ cup fruit, juice, milk L Quesadilla (cheese or Chicken) with red sauce, corn, bread slice, fruit and milk	

Milk Choices offered daily