

JANUARY 2019

Tri-Valley Elementary School

"If we could give every individual the right amount of nourishment and exercise, not too little and not too much, we would have the safest way to health"
-Hippocrates

Monday

Tuesday

Wednesday

Thursday

Friday

2019

No School
Christmas Break

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Christmas Break

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Christmas Break

No School
Christmas Break

Popcorn Chicken
Garlic Breadstick
Chef Salad w/Breadstick
Mixed Vegetables
Pears
Milk

Twin Beef Tacos
Hawaiian Chicken Wrap
Corn
Mixed Fruit
Milk

Grilled Chicken Sandwich
Macaroni & Cheese
Peas
Blueberries
Milk

Cheeseburger
Hot Dog
Baked Beans
Apple Slices w/Caramel
Milk

Cheese Pizza
Pepperoni Pizza
Garden Salad
Peaches
Milk

Pretzel Bites w/ Cheese
Turkey & Swiss on Wheat
Steamed Broccoli
Fresh Banana
Milk

Walking Taco
Taco Salad w/Salsa Ranch
Refried Beans
Peaches
Milk

Rotini w/Meat Sauce
Meatball Sub
Green Beans
Mandarin Oranges
Milk

Corn Dog
Fish Sandwich
Garden Salad
Strawberries
Milk

Bosco Sticks w/Marinara
Deli Sandwich
Glazed Carrots
Mixed Fruit
Milk

No School
Martin Luther King Jr. Day

Pancakes
French Toast Sticks
Sausage Links
Tri-Tater
Pears
Milk

Toasted Ravioli w/Marinara
BBQ Chicken Sandwich
Corn
Peaches
Milk

Chicken Strips
Whole Wheat Roll
Turkey & Veggie Wrap
Green Beans
Blueberries
Milk

Cheese Pizza
Sausage Pizza
Baby Carrots w/Ranch
Applesauce
Milk

Breaded Chicken Sandwich
Chef Salad w/Breadstick
Steamed Broccoli
Strawberries
Milk

Cheeseburger Mac
Grilled Cheese w/Tomato Soup
Peas
Grapes
Milk

Cheeseburger
Hot Dog
Mixed Vegetables
Mixed Fruit
Milk

Chicken Nuggets
Whole Wheat Roll
Salisbury Steak
Mashed Potatoes
Cinnamon Applesauce
Milk

Menu Subject to Change