

PHYSICAL EDUCATION

Students in grades one through twelve are required to participate in physical education courses unless they are excused by the principal of their attendance center.

Students may be excused from physical education courses if the student presents a written statement from a doctor stating that such activities could be injurious to the health of the student or the student has been exempted because of a conflict with the student's religious beliefs.

Students in grades 9-12 may also be excused from physical education courses if:

- the student is enrolled in academic courses not otherwise available

Twelfth grade students may also be excused from physical education courses if the student is enrolled in a cooperative, work study or other educational program authorized by the school which requires the student's absence from school.

Students who will not participate in physical education must have a written request or statement from their parents.

NOTE: This is a mandatory policy and reflects the educational standards.

Legal Reference: Iowa Code § 256.11 (2003).
281 I.A.C. 12.5.

Cross Reference: 504 Student Activities
603 Instructional Curriculum

Approved: June 12, 1989, Jun 18, 2012, Feb 15, 2016, Jan. 20, 2020, April 12, 2021
Reviewed: Sep. 28, 2005, Jun 18, 2012, Jan 11, 2016, Jan. 20, 2020, March 15, 2021
Revised: Nov. 10, 1997, Oct. 10, 2005, Jan 11, 2016, March 15, 2021