



Lackawanna City School District

Amy D'Amato
*Director of Physical Education,
Health & Athletics*

Lackawanna High School
500 Martin Road
Lackawanna, New York 14218
Phone: 716.821.5610

Dear Parent/Guardian,

To begin the Athletic Placement Process (APP) for your child (7th or 8th grade) to play a JV or Varsity sport, the following steps must be completed and approved prior to any tryout being conducted. Please note specific deadlines which must be followed.

1. Return the Parent/Guardian Permission Form to the Athletic Director in the MS/HS Athletic Office prior to the start of the season to begin the process. Forms can be downloaded from the athletics webpage, listed under Athletic tab and Advanced Placement Process.
2. Upon parent permission, approval must be granted by the Athletic Director, and District Medical Director for your child to participate. A current physical must be on file with the school nurse (dated within 1 year of the start of the season). If approved, your child will proceed to the next step of the APP process.
3. Approved students will take part in a mandatory physical fitness test the week prior to the season start date (TBA via Athletic Website). Please arrive on time at the start of the session. Students should wear athletic clothing, sneakers and bring their own water bottle. To view the APP physical fitness standards, please visit the athletic placement process on our website.
4. If all steps have been completed and approved, your child will have the opportunity to try out for a JV or Varsity team. Tryout dates/times will be communicated by the sport coach. Students that are not selected to participate at the JV or Varsity level are eligible to participate in our modified sports program if offered.

If you have any questions, please feel free to call the Athletic Office at 716-821-5610 ext. 7768.

Sincerely,

Amy D'Amato
Director of Health, Physical Education & Athletics