



# PARENTING IS HARD. EPIC CAN HELP.



## PROGRAM TOPICS:

- Dealing with Disobedience
- Managing Fighting & Aggression
- Developing Good Bedtime Routines
- Hassle-Free Shopping with Children

## WHEN:

**Friday @ 10am**

**July 22 - August 19**

*All courses held on Zoom*

**REGISTER:** 716-332-4126 or [PerryR@epicforchildren.org](mailto:PerryR@epicforchildren.org)