



December 2018

St. George Municipal School Unit Breakfast & Lunch Menu



**Menu is subject to change without notice.*

Prices:
 Regular Breakfast \$1.00.
 Regular Lunch: \$2.65
 Staff Regular \$4.00.
 A La Carte \$2.00
 Adult Visitors \$5.00
 Extra Milk \$0.50

Daily Lunch Alternatives:
 Chef Salad w/ Whole Grain Bread
 Peanut Butter & Jelly Sandwich

Sandwich of the Day:
 Monday: Ham & Cheese
 Tuesday: Tuna
 Wednesday: Turkey & Cheese
 Thursday: Ham & Cheese
 Friday: Turkey & Cheese
 Gluten-Free Options Available
 Daily

Monday	Tuesday	Wednesday	Thursday	Friday
12/3	12/4	12/5	12/6 *EARLY RELEASE DAY*	12/7 *EARLY RELEASE DAY*
Breakfast: Breakfast Breads, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Grilled Cheese Sandwiches, Tomato Soup, Carrot Sticks, Pears, Milk.	Breakfast: Breakfast Pizza, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Taco Bowls, Salsa, Sour Cream, Cheese, Lettuce, Corn, Pineapple, Milk.	Breakfast: Croissants, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Veggie or Cheese Pizza, Broccoli, Peaches, Milk.	Breakfast: Breakfast Sandwiches, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Ham & Cheese Sandwiches, Cucumbers, Mandarin Oranges, Milk.	Breakfast: Bagels, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Turkey & Cheese Sandwiches, Celery Sticks, Hummus, Mixed Fruit, Milk.
12/10	12/11	12/12	12/13	12/14
Breakfast: Breakfast Breads, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Chicken Nuggets, Pasta Salad, Cucumbers, Applesauce, Milk.	Breakfast: French Toast, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Sloppy Joes on WG Bun, Steamed Carrots, Pears, Milk.	Breakfast: Fruit Yogurt Cups, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Hamburgers (Plain or Cheese), Lettuce, Tomatoes, Corn, Peaches, Milk.	Breakfast: Breakfast Sandwiches, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Turkey w/ Gravy, Stuffing, WG Rolls, Mashed Potatoes, Peas, Cranberry	Breakfast: Bagels, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Meatball Subs on WB Bun, Garden Salad, Oranges, Milk.
12/17	12/18	12/19	12/20	12/21
Breakfast: Breakfast Breads, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Grilled Chicken Breast Sandwich on WG Bun, Green Beans, Peaches, Milk.	Breakfast: Pancakes, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Chili w/ Frito Chips, Shredded Cheese, Corn, Applesauce, Milk.	Breakfast: Apple Turnovers, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Macaroni & Cheese, WG Breadsticks, Peas, Mixed Fruit, Milk.	Breakfast: Breakfast Sandwiches, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Salad Bar, WG Biscuits, Pineapple, Milk.	Breakfast: Bagels, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Pepperoni or Cheese Pizza, Cucumbers, Watermelon, Milk.
12/24	12/25	12/26	12/27	12/28
School Vacation				
12/31	1/1	1/2	1/3	1/4
No School (Vacation)	New Year's Day Holiday (No School)	Breakfast: Whole Grain Yeast Donuts, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Hot Dogs, Baked Beans, Cole Slaw, Pears, Milk.	Breakfast: Breakfast Sandwiches, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Salad Bar, WG Rolls, Pineapple, Milk.	Breakfast: Bagels, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Crispy Chicken Sandwich on WG Bun, Lettuce, Tomatoes, Carrot Sticks, Mixed Fruit, Milk.

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