


Chelan Middle/High School

December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3 Breakfast: Pancakes & Sausage Lunch: Cheese Stuffed Breadsticks, Marinara, Green Beans	4 Breakfast: Omelet, Fresh Muffins Lunch: Macho Nachos, Refried Beans	5 Breakfast: Breakfast Pizza Lunch: Chicken Burgers, Jo-Jo's	6 Breakfast: Fruit Parfait Lunch: Pizza, Pretzels, Sorbet	7 Breakfast: Ham & Cheese Bar, Toast Lunch: Wraps or Chicken Drumsticks
10 Breakfast: French Toast, Sausage Lunch: Chili Haystacks	11 Breakfast: Omelet, Bagel Lunch: Mandarin Chicken, Rice, Egg roll, Fortune Cookie	12 Breakfast: Breakfast Wrap Lunch: Mac & Cheese, Popcorn Chicken	13 Breakfast: Fruit Parfait Lunch: Hamburgers & Chips	14 Breakfast: Breakfast Sandwich Lunch: Wraps or Chicken Tortilla Soup
17 Breakfast: Breakfast Pizza Lunch: Cheese Stuffed Breadsticks, Marinara, Green Beans	18 Breakfast: Omelet, Maple Bars Lunch: Pizza, Pretzels, Sorbet	19 Early Release Breakfast: Cooks Choice Lunch: Cooks Choice	20 WINTER BREAK NO SCHOOL	21 WINTER BREAK NO SCHOOL
24 WINTER BREAK NO SCHOOL	25 WINTER BREAK NO SCHOOL	26 WINTER BREAK NO SCHOOL	27 WINTER BREAK NO SCHOOL	28 WINTER BREAK NO SCHOOL
31 WINTER BREAK NO SCHOOL				

All Meals are served with a choice of 1% milk or non-fat chocolate milk.

All breakfasts include fruit and/or juice & **cold cereal as an alternate menu choice**

All lunches include a trip through the fresh fruit and salad bars.

Cereals, breads and rice are **whole grain**

Looking for extra money?
Become a Food Service Substitute and work only while your kids are in school! Apply online on the school district website.

The Lake Chelan School District is an equal opportunity employer and provider.

Menu items are subject to change

