

Wilmington Area Food Service Gluten Free Lunch MENU December 2018

The menu is also available on the website at
www.wilmington.k12.pa.us.

Breakfast Prices: (District Wide)	
Daily: \$1.10	Weekly: \$5.50
Reduced: \$0.30	Weekly: \$1.50
Lunch Prices:	
Elementary:	
Daily: \$1.75	Weekly: \$8.75
Reduced: \$0.40	Weekly: \$2.00
Middle School/High School:	
Daily: \$2.00	Weekly: \$10.00
Reduced: \$0.40	Weekly: \$2.00
Please make checks payable to: Wilmington Area Food Service	
\$Reduced: \$0.40	Weekly: \$2.00
Please make checks payable to: Wilmington Area Food Service	

In order to qualify for a reimbursable meal,
Your meals must include at least three of the main food items: Meat or meat alternate,
Breads, AND MUST HAVE 1/2 CUP FRUIT OR VEGETABLE-Otherwise, regulations require an a-la-carte pricing. In addition to the menued items, the following will be available daily:

DAILY CHOICE OF FRUIT:

Fresh: When available

Canned: Peaches, Pears, Pineapple
Mandarin Oranges, Mixed Fruit
Applesauce

Mon	Tue	Wed	Thu	Fri
3 GF Hot Dog / GF Bun Carrots Sticks Choice of Fruit Milk	4 Grilled Chicken Gluten Free Bun Mashed Potatoes Choice of Fruit Milk	5 Bf Rib Patty in BBQ Gluten Free Bun Tossed Romaine Salad Choice of Fruit Milk	6 Taco Meat Hard Corn Taco Shell Carrots Sticks Choice of Fruit Milk	7 GF Pizza Celery Sticks Choice of Fruit Milk
10 GF Hot Dog / GF Bun Carrots Sticks Choice of Fruit Milk	11 Grilled Chicken Gluten Free Bun Mashed Potatoes Choice of Fruit Milk	12 Bf Rib Patty in BBQ Gluten Free Bun Tossed Romaine Salad Choice of Fruit Milk	13 Taco Meat Hard Corn Taco Shell Carrots Sticks Choice of Fruit Milk	14 GF Pizza Celery Sticks Choice of Fruit Milk
17 GF Hot Dog / GF Bun Carrots Sticks Choice of Fruit Milk	18 Grilled Chicken Gluten Free Bun Mashed Potatoes Choice of Fruit Milk	19 Bf Rib Patty in BBQ Gluten Free Bun Tossed Romaine Salad Choice of Fruit Milk	20 Taco Meat Hard Corn Taco Shell Carrots Sticks Choice of Fruit Milk	21 GF Pizza Celery Sticks Choice of Fruit Milk
24 GF Hot Dog / GF Bun Carrots Sticks Choice of Fruit Milk	25 Grilled Chicken Gluten Free Bun Mashed Potatoes Choice of Fruit Milk	26 Bf Rib Patty in BBQ Gluten Free Bun Tossed Romaine Salad Choice of Fruit Milk	27 Taco Meat Hard Corn Taco Shell Carrots Sticks Choice of Fruit Milk	28 GF Pizza Celery Sticks Choice of Fruit Milk
31 GF Hot Dog / GF Bun Carrots Sticks Choice of Fruit Milk	Happy Holidays			4 oz Cup Veggies Daily Beets Carrot Stick Broccoli
Happy Holidays			Happy Holidays	