



PUTNAM COUNTY COMMUNITY UNIT SCHOOL DISTRICT #535

400 E Silverspoon Avenue - Granville, IL 61326
(815)882-2800 x 5

June 27th, 2023

PC #535 Parents/Guardians of Student-Athletes (Grades 5-12):

In addition to the health requirements and resources letter sent out recently by the District, it is a requirement for all students planning to participate in interscholastic athletics to have a current sports physical.

A State of Illinois certificate of child health examination form that is required for students entering 6th grade and 9th grade **does** satisfy this requirement but it must be turned in prior to athletic participation. All other students planning to participate in interscholastic athletics must have a current sports physical turned in prior to any athletic participation.

A sports physical **does not** take the place of a school physical (6th & 9th grade).

To assist you with making sure this requirement is completed on time, below is a list of season starting dates by sport.

Sport	Season Start Date	Sport	Season Start Date
JH Softball	7/24/2023	Basketball - Girls	10/30/2023
JH Baseball	7/31/2023	5/6 Basketball - Boys	10/30/2023
JH Golf	7/31/2023	Basketball - Boys	11/6/2023
JH Cross Country	7/31/2023	HS Cheer	11/6/2023
HS Cross Country - Coed	8/7/2023	Panteras	11/6/2023
HS Golf	8/7/2023	Wrestling	11/6/2023
Volleyball	8/7/2023	JH Volleyball	11/27/2023
HS Football (Hall)	8/7/2023	HS Track - Boys	1/15/2024
HS Baseball - Fall	8/21/2023	HS Track - Girls	1/15/2024
5/6 Basketball - Girls	8/28/2023	JH Track - Boys	2/26/2024
JH Basketball - Girls	8/28/2023	JH Track - Girls	2/26/2024
JH Basketball - Boys	10/16/2023	HS Softball	2/26/2024
JH Cheer	10/16/2023	HS Baseball - Spring	2/26/2024

As an option for student-athletes needing to complete this requirement, PC #535 is coordinating with OSF to schedule a clinic for sports physicals. A date and times will be shared as soon as we finalize details. School physicals will not be offered during this time. Please see the links below for more resources or other scheduling options:

[OSF School and Sports Physicals Website](#)

[IHSA / IESA Sports Physical Form – English](#)

[IHSA / IESA Sports Physical Form – Spanish](#)