

La Villa I.S.D. Athletic Hand Book



2023-2024

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EXTRA-CURRICULAR SPORTS OFFERED BY LA VILLA ISD ATHLETICS

High School (9-12)

Football
Volleyball
Boys & Girls - Cross Country
Boys & Girls - Basketball
Boys & Girls - Track
Baseball
Softball
Boys & Girls - Golf
Boys & Girls - Powerlifting

Jr. High (7th & 8th)

Football
Volleyball
Boys & Girls - Cross Country
Boys & Girls - Basketball
Boys & Girls - Track
Boys & Girls - Golf
Boys & Girls – Tennis

Please note that length of seasons for junior high and high school sports are based on UIL rules. Preparation of practice schedules and times are based on coaching staff, schedule constraints and facility availability. Athletic periods are offered at both the junior high and high school.

Students' involvement in co-curricular activities has been proven to increase their chances of success later in life. We hope the information contained in this manual helps make that experience more enjoyable for everyone involved.

La Villa ISD Athletics

Parent/Student Communication Process

One of our athletic department's objectives is to facilitate communication, first and foremost, between player and coach, then coach and parent/student and to address concerns in a collaborative, effective manner. If you are a student or parent who has a concern or complaint about a sport, coach or coaching style, please complete this form and follow the guidelines and process described below. Coaches cannot address a problem unless they know that a problem exists. In most cases, problems stem from miscommunication or misinterpretation about an issue. If your concern or problem is during a game, we ask that you wait 24 hours to set a meeting and discuss your concerns with the coach. Concerns or problems will not be discussed after a game.

Step 1: We ask that your child talk first with the coach and address the problem directly.

Step 2: If the outcome of that meeting is not satisfactory, we ask that the parent and student meet together with the coach.

Step 3: If the outcome of the student/coach/parent meeting is still not resolved, we ask that you contact the athletic department to schedule a meeting with the athletic director to address your specific concerns, in the hope of resolving them.

Step 4: If not satisfied with the meeting with the campus principal, please follow the district guidelines for filing complaints that are located in board policy. The Athletic Department is here to work alongside parents to encourage an enjoyable experience for the student-athlete in our La Villa ISD Athletic Program.

Parent concerns please call the Athletic Department for a conference to 956-262-4715.

Athletic Eligibility:

Individual Report Forms: It shall be the responsibility of each school to keep on file the following required annual forms for each student who participates in any practice, scrimmage or game. Student/Athlete must take home the forms, get them signed, and returned as soon as possible.

1. Pre-Participation Physical Examination
2. UIL Forms
3. Parent or Guardian Permit
4. Rules Acknowledgment

Academic Eligibility: La Villa Middle School Student-Athletes:

Student's Eligibility. An individual may participate in League competition or contests as a representative of the participant school he/she attends if that student has been in attendance and has passed the number of courses required by state law and by rules of the State Board of Education, and is passing the number of courses required by state law and by rules of the State Board of Education.

For seventh grade athletic competition, has not reached his/her 14th birthday on or before September 1, and has not enrolled in the ninth grade.

For eighth grade athletic competition, has not reached his/her 15th birthday on or before September 1, and has not enrolled in the ninth grade.

A student who initially entered the seventh or eighth grade the current school year and is too old for seventh or eighth grade participation may participate according to age, that is, seventh graders on the eighth grade, ninth grade, high school junior varsity or high school varsity team, and eighth graders on the ninth grade, high school junior varsity or high school varsity team.

Academic Eligibility: High School Athletes:

1. are not high school graduates;
2. are full-time day students;
3. have attended classes since the 6th day of class of the present school year, or have been enrolled and in regular attendance for 15 or more calendar days before the contest;
4. are eligible under no-pass, no play;
5. have the required number of credits for eligibility;
6. are enrolled in a four year program of high school courses;
7. initially enrolled in the 9th grade not more than four years ago, or in the 10th grade not more than three years ago (students may apply for waivers);
8. did not change schools for the purpose of participating in a UIL academic event;
9. are not in violation of the awards rule;
10. Must be in attendance **in school all day** to practice or play during a game.

As per University Interscholastic League (UIL) “NO PASS, NO PLAY” will be enforced.

ADMINISTRATIVE POLICY #15: Pursuant to FM (legal), the district considers the course listed in Administrative Policy #15 as additional exempt honors courses under Educational Code 23.081, subject to the following conditions:

1. A student may not claim an exemption more than one time per course per year, and
2. A student may not claim an exemption for more than two (2) courses per grading period. These conditions apply regardless of participation in UIL at the time of the failure. These conditions do not apply to the courses listed under FM (legal).

AP Spanish Literature and Cultures
AP English Lit. & Comp.
AP Gov’t & Politics

AP Language and Composition
AP Government
Any Honors Courses

Student Absences:

All day attendance is required for practice and for games. Therefore, any absence can affect an athlete’s playing time, and the opportunity to be part of the La Villa ISD Athletic Program.

Participation Eligibility:

All athletes who meet athletic and academic eligibility requirements will be allowed to play in their respective sport(s).

Playing Time:

Student-athletes in the La Villa Independent School District Athletic Program earn playing time for game and scrimmage situations by, first, being a member in good standing of the school community. Second, a student-athlete must attend practice and work to the best of his/her ability. Third, a student-athlete must be a team player and execute the specific role assigned to him/her by the coach. Fourth, a student-athlete must demonstrate a commitment to fair-play and sportsmanship at all times. And finally, a student-athlete must support the team by contributing in a positive way to the team’s learning environment. In other words, the student-athlete must focus on learning tasks and assignments and not disrupt other players.

At the middle school level every player will play in every game unless a player fails to maintain expectations regarding behavior, academics, or practice attendance. It is not required that each player play the same amount of time. Playing time is 100% at the coach's discretion and is never negotiable.

Resignation of Sport:

If both varsity head coaches agree, the student athlete may move to the next sport before the end of the season. If an athlete quits, he/she will forfeit his/her award for the sport.

Multiple Sport Athletes:

We strongly encourage our student-athletes to participate in more than one sport. Participation in more than one sport is highly beneficial for the student-athletes and for the school's athletic program. However, multi-sport athletes must possess excellent time-management skills and be able to meet the demands of all sports in which they choose to participate.

An in-season sport should always come before an out-of-season sport. No athlete should ever miss a practice or game for their in-season sport for another sport at La Villa ISD. In-season athletes are still allowed to participate in off-season workouts, but coaches cannot make them mandatory for these athletes. However, please understand that missed workouts may cause the student-athlete to fall behind other athletes who are participating in the workouts. Finally, no in-season athlete should ever lift weights or participate in a workout for another sport on a game day.

Transportation:

Student athletes participating in more than one sporting event must be transported by a La Villa ISD employee via a La Villa ISD transportation method. Coaches will be responsible for setting-up the transportation between sporting events and must make arrangements in a timely manner. The Athletic Director has the discretion to make the final decision.

Parents are allowed to take their student-athlete home after sporting events and must sign the athlete out with the coach using the proper form.

Equipment:

Some sports have many pieces of equipment issued to the student/athlete; it is the student-athletes responsibility to:

- Return ALL issued equipment at the end of the season.
- Pay a fine or fee for lost and/or damaged equipment.

Locker Room

Student –athletes are not allowed in the locker room without adult supervision. Moreover, the locker room should not be used as a hangout. Student/athletes should only use the locker room to change for practice and then exit the locker room. Only lockers assigned by a coach may be used. La Villa Athletics is not responsible for lost or stolen items that are not in the location designated by coaches. Any items left in the dressing room after the announced deadline will be donated to charity.

Injuries:

If you are injured in practice, tell your coach immediately. If you become aware of an injury after practice, see your nurse. You will visit the nurse, who will treat the injury, or refer you to a doctor, if necessary. You will be expected to attend all treatment/rehabilitation sessions assigned by the doctor. Athletes will not be allowed to miss practice during the athletic period unless the athlete has doctor's orders that require treatment and/or rehabilitation. Any injury incurred outside of a sanctioned UIL activity or La Villa ISD event, is not the responsibility of the nurse to evaluate or rehabilitate. La Villa I.S.D. follows the U.I.L. Concussion Management Protocol. For any questions or concerns please contact the Nurses at (956) 262-4715.

La Villa I.S.D. Athletic Behavior Contract

As a member of the Cardinals Athletic Team our athletes will be required to follow the behavior contract each school year. Any student who violates the contract will have the appropriate consequences handed out as outlined in the contract. This is to help keep behavior issues consistent with regards to expectations and consequences.

1. Students will follow all school rules.
2. Students will follow all athletic/team rules.
3. No physical altercations are allowed among teammates or toward opponents.
4. Students will not be involved with any bullying, hazing or harassment of any kind towards teammates, opponents or other students and or staff. Verbal & non-verbal inappropriate language/gestures are unacceptable at any time.
5. Respect others property.
6. Athletes will treat peers, coaches, and school staff with respect and courtesy at all times.
7. Students are NOT allowed to use the CELL PHONE in the dressing room.
8. If Cell Phones become an issue during game day, Cell Phones will be confiscated by the coach.
9. Students shall not use social media in an inappropriate manner. (Example: Instagram, Facebook, etc.)
10. You must dress out on a daily basis. (shirt, bottoms, hair pulled back, jewelry discretion of head coach, Jr. High Boys/Girls Coordinator)
11. Students are responsible for all equipment and personal items left out/or stolen/ damaged.
12. Athletes are expected **not** to be in possession/under the influence of an illegal substance.
13. Athletes are expected **not** to be in I.S.S and/or DAEP.
14. Every head coach of a sport can add rules to the list of these expectations. Each sport will have their own handbook.

Removal from Program:

1. Coach/Athlete conference – Verbal warning, parent contact. (Inform A.D.)
2. Coach/Athlete/Head Coach/Parent Conference – Written warning & parent conference
3. Coach/Athlete/Head Coach/A.D Conference – one game suspension
4. Athletic Director Conference – fill out pledge
5. Removal from program

Removal from team: Recommendation for next year from head coach is needed and final approval from Athletic Director.

Physical altercations between teammates and opponents, unlawful possession of another's belongings, repeated occurrences of being in an unsupervised location, severe inappropriate locker room behavior, (use of social media/phone inappropriately) involvement in bullying and/ or harassment during school or team events. Attending DAEP/possession/under the influence can lead to immediate removal of the team and not attend the end of the year athletic trip.

Student Athlete

Date

LA VILLA ATHLETIC DEPARTMENT
200 TX-107
LA VILLA, TEXAS 78562
STUDENT TRAVEL RELEASE FORM

Game Site: _____

Date: _____

Sport: _____

I will be taking my son/daughter in my personal vehicle after the game. I agree and understand that neither La Villa ISD, nor any of its employees, coaches or representatives are to assume any responsibility in case an accident occurs.

ATHLETE'S NAME	PARENT/GUARDIAN SIGNATURE
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
10	10
11	11
12	12
13	13
14	14
15	15
16	16
17	17
18	18

La Villa Athletics

Student Information Sheet

Student Name: _____ Cell Phone: _____

Address: _____ Birthday: _____

Parent/Guardian Information

Mother's Name: _____

Home or Cell Phone: _____ Work phone: _____

Email Address: _____

Father's Name: _____

Home or Cell Phone: _____ Work phone: _____

Email Address: _____

Emergency Contact (Other than parents)

Name: _____ Relationship: _____

Home or Cell Phone: _____ Work phone: _____

La Villa Coach/Student Communication Waiver

Communication has become increasingly easier between coaches and athletes due to the fact that most student athletes carry cell phones with the ability to text. To ease communication with team members, our coaches would like to have the opportunity to text pertinent information/changes in practice, game time, team pictures, uniform color, etc. Signing this waiver will grant La Villa coaches' permission to call or text the important information to your student, individually and group texts, at the number you provide below. Any inappropriate communication by a coach should be reported to the Athletic Director, Daniel Perez.

I, _____, agree that a coach may contact my student athlete by cell phone to communicate important team and/or practice information on an "as needed" basis.

Student's Name: _____

Appropriate phone number for communication: _____

Parent's Signature

Date

Student's Signature

Date

STUDENT ATHLETE HANDBOOK

ACKNOWLEDGMENT FORM

This Athletic handbook has been created and made available to help you gain the greatest possible benefit from participation in athletics. Your help, understanding and cooperation in abiding by the rules and regulations set forth in this handbook are of great importance to our program running smoothly.

It is important that every student-athlete and parent understand the policies, procedures and regulations set forth in this handbook. If necessary, the coaches will explain this handbook to you. If you have any questions, concerns, or comments please feel free to express them.

This handbook was formulated as a guide, not a means of punishment. We have an open door policy in the athletic department and you with the coaching staff at any time.

The signatures below acknowledge the review of this handbook, and are a good faith agreement between the student-athlete, parents and the athletic department. The parents and student-athlete by signing below agree to comply with the terms of the handbook, board policy and district procedures in order for the student-athlete to participate in the athletics program.

Student-Athlete Signature

Date

Parent/Court Appointed Guardian Signature

Date

PLEASE SIGN THIS PAGE AND RETURN TO COACHES OFFICE.