## CADDO PARISH SCHOOL BOARD

1961 Midway Shreveport, LA 71108

To:

Middle School and High School Parents

From:

Barzanna White Ph.D. W

District School Psychologist & BJA Director

Roy Murry, M.A.

Director of Security

Date:

August 15, 2022

Re:

Signs of Suicide

The Signs of Suicide (SOS) Prevention Program is the only youth suicide prevention program that has demonstrated an improvement in student's knowledge and adaptive attitude about suicide risk and depression, as well as a reduction in actual suicide attempts. It is an evidenced-based program that is listed on the Substance Abuse and Mental Health Services Administrations' (SAMHSA) website.

Currently, suicide is the second leading cause of death among middle and high school students and each year, this community loses at least one youth to suicide. SOS is unique because it incorporates two prominent suicide prevention strategies: an educational curriculum that raises awareness about suicide and depression and a brief screening in depression.

Caddo Parish School Board initially approved the yearly implementation of SOS in all Caddo Middle Schools and High Schools several years ago. Since that time, SOS has been conducted in all middle and high schools. A middle or high school counselor has been trained at your school to present a lesson to students in order for students to be able to recognize the signs of depression so another life is not lost to suicide. Students will be taught to "Acknowledge, Care, and Tell" if a friend is in trouble.

In addition, the Security Department, Division of Mental Health, Wellness, and Safe Schools, is offering an evening session for parents to inform them about suicide prevention. Interested principals may schedule this by contacting Dr. Barzanna White.

If you <u>do not</u> want your child to participate in the class, please complete the form and return it to the counselor from your child's school by September 6, 2022.

## Counselors Trained in Signs of Suicide:

C. E. Byrd Captain Shreve Green Oaks Huntington North Caddo Northwood Southwood Booker T. Washington Woodlawn Caddo Magnet High Caddo Career & Technology Caddo Virtual Academy Donnie Bickham Broadmoor Caddo Middle Magnet CMC&TC Fair Park Herndon North Caddo Middle Ridgewood Turner Walnut Hill Youree Drive Keithville  If you have any questions, please feel free to	
Approved: Keith Burton, Chief Academic C	) Fis a con-
Approved. Rethi Buiton, Chief Academie C	omeer
CUT HERE	
Name of Student:	Grade:
School:	
uo not wish for my child to part	ticipate in the Signs of Suicide Training.
Signature of Parent	Date