

## **PURPLE DRANK – LEAN – ROBO TRIPPING**

### **What Is Purple Drank?**

Purple Drank, also known as Lean or Robo tripping, is a recreational drug which includes a prescription strength cough syrup mixed with a carbonated beverage.

### **What Is Found in Purple Drank?**

Codeine, promethazine, and dextromethorphan (commonly known as DXM) are the ingredients in prescription strength cough syrup. When using cough syrup in much higher doses than medically recommended and mixing it with carbonated drinks such as Sprite, Mountain Dew, and more typically Grape Fanta it creates harmful effects to the user. A hard candy, such as a Jolly Rancher, is added to the drink for sweetness. This concoction takes the cough syrup taste away and spurs the user to drink more.

### **What Are the Side Effects?**

Purple Drank side effects may gradually worsen as a person drinks more of the concoction. However, first-time users may also notice unpleasant side effects such as:

- Dizziness
- Blurred vision
- Nausea
- Memory problems

Regular purple drank use can cause additional widespread health issues. Individuals who use the drug regularly report suffering from:

- Dental decay
- Constipation
- Weight gain
- Urinary tract infections

Most users experience a feeling of intoxication, however, dissociative behavior and loss of physical control is common. Users will smell of medicine mixed with a fruity flavor. Users will have watery eyes, lose their balance, and be less cognitive.

### **Is Purple Drank Addictive?**

Codeine, the primary ingredient in purple drank behind its desirable yet harmful effects, is an opioid—a class of drugs associated with an extremely high rate of addiction. The highly addictive nature of opioids is due, in part, to their rewarding, pleasant effects such as euphoria, relief from tension and anxiety, and decreased aggression. However, opioids should only be used in a therapeutic context under the direction of a physician and should only be taken as prescribed.