

FITNESS CENTER RULES

- Children 12-16 years of age **MUST** be accompanied by an adult when using the Fitness Center or Weight Room. Children under 12 years of age are **not** allowed in the Fitness Center or Weight Room.
- Children under 16 years of age using the gymnasium must be accompanied by an adult at all times.
- Only Fitness Center Members are allowed in the Fitness Center, Weight Room, and Community Center Gym. Please do not prop doors open!
- All equipment and facilities must be used appropriately. Equipment in the fitness room stays in the fitness room. Equipment in the weight room stays in the weight room.
- Foul language will not be tolerated in conversation or music.
- Music must be kept at an acceptable volume. Please be considerate of other people.
- Please shut off sound system and TVs when leaving the Fitness Center.
- Leave the machine clean for the next person by following the wipe down procedures.
- If there is an issue with the fitness center or a machine breaks, please report the problem by calling the school office at 701-439-2287. Do not attempt to fix it yourself!

Failure to adhere to these rules may result in loss of Fitness Center Membership.