

Kickapoo Basketball 10,000 Shot Challenge



We are excited to announce the return of the 10,000 shot challenge. The challenge will run from Monday, May 29 - Tuesday, September 5 (100 days). This challenge will help players stay motivated and excited to work on their basketball skills throughout the summer. Only the most committed players will actually follow through and complete this challenge. Completing this challenge will be a tremendous accomplishment and help you become the best player you can be. The players that complete the 10,000 shot challenge will receive a t-shirt and will be announced during halftime of a varsity basketball game.

Who can participate?

Boys and Girls going into 3rd - 8th grade

How do I sign up?

Just complete the daily tracking form daily from May 29 - Sep 5. After Sep 5th take a picture of the form and email it coachcade@gmail.com or text it to 606-3000. It must be in by September 18 to receive a t-shirt.

What kind of shots should I take?

Shots should be game shots at game speed. Catching and shooting set shots, shooting off the dribble, layups, etc. These should be done with proper form. A good mix would be: 15 right hand layups, 15 left hand layups, 30 free throws, 10 jumpshots from each baseline, 10 jumpshots from each elbow. Younger players (going into grades 3, 4, and 5) should be shooting from closer to promote good form and possibly on a lower basket

Do I only record shots made?

Yes. Only count the shots that are made. If a day of shooting is missed, make it up on future days. You will need to average 100 made shots per day.

Does a parent have to watch every shot?

No. Parents only need to verify that the player had the time and opportunity to shoot the shots. It is the player's responsibility to accurately track the number of shots made. This will be strictly an "on your honor" challenge.

Can I do more than 10,000 shots?

Yes. 10,000 shots made is the minimum to be a part of the 10,000 shot club, but if you'd like to really push yourself you can try for 15,000 or 20,000 or more. Your T-shirt will reflect the number of shots you made over the summer in 1,000 increments.

If you have any questions please call or text Aaron Cade at 606-3000 or email coachcade@gmail.com