

East Irondequoit Parent Notification/Request For Mandated Health Appraisal

Dear Parent(s) or Guardian(s):

New York State law requires that each child in a school district have a health examination including body mass index before entering school for the first time, and again in grades 1, 3, 5, 7, 9, 11. Students wishing to play interscholastic sports or requesting work permits must have an annual health exam. A dental exam form is also requested, but not required at these same times. The **Interval Health History** must be completed and signed before each sports season if a health exam has not been completed within 30 days of the start of the sports season.

Your own health care provider is always the best choice for these exams. We encourage you to call early as it may take several weeks to schedule exams during the busy summer and fall months.

If you do not provide an exam form from your health care provider, an exam may be scheduled with our school medical director, when offered. While most parents choose not to attend, you may do so if you wish. Please let your child know they will be examined at school.

Upon completion of in-school exams, you will be informed of any important findings and need to follow up with your health care provider.

Please Complete And Return The Bottom Portion To Your Building Health Office Today

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Student's Name _____ **Grade** _____

Student's School _____

- My child had a health exam on _____. I will return the completed form to the health office.
- My child has an appointment to have a physical with his/her health care provider on _____. My child's MD/NP/PA or I will return the form by the date above.
- I need information on obtaining health insurance or finding a health care provider.
- I would like to schedule an exam with the district physician/nurse practitioner to complete the exam for my child.

Parent Name _____ Date _____

Parent's Signature _____

Parent Phone Contact () _____