

Proposal for a change for the PE Graduation Requirements

To be eligible to graduate from Rock County Public Schools a student must have 20 total credits in Physical Education. Right now the only two classes listed are PE 1 and PE 2 as required courses. I would like to propose that we add Weightlifting to the list of courses as a class to meet the 20-credit requirement. I am making this proposal for two reasons:

- 1) Some of our freshmen students are opting to take a math class their freshman year which then conflicts with them taking PE 1. Those students are then taking PE 2 as a sophomore because of our class schedule. That leaves those students as juniors or seniors taking a class with the incoming freshmen.
- 2) Some students are option enroll students. At their previous school the PE graduation requirement was only 10 credits, one year. When they come to us as a junior or senior then they have to find time to take PE 1 or PE 2. Again upperclassmen trying to fit into a lower level class.

If Weightlifting was allowed as part of the 20 credits students could take to help meet the PE credit requirement then students would not have to take both PE 1 and PE 2. This would allow students more academic freedom when setting up their class schedules.

This change would only affect the "Course Description Book" on the listing of Graduation Requirements.