NATCHITOCHES PARISH Breakfast Menus for K-12th

January 2022

Menus are subject to change without notice due to challenges in delivery or availability.

NO SCHOOL	NO SCHOOL	5 Waffles Peaches Choice of Juice Choice of Milk	Cheese Toast Pineapples Choice of Juice Choice of Milk	Donut Mixed Fruit Choice of Juice Choice of Milk
French Toast Sticks Peaches Choice of Juice Choice of Milk	Buttered Toast Choice of Cereal Banana Choice of Juice Choice of Milk	Breakfast Bun Mixed Fruit Choice of Juice Choice of Milk	Breakfast Pizza Applesauce Choice of Juice Choice of Milk	PARENT TEACHER CONFERENCE
MARTIN THAVE LUTHER KING	Breakfast Taco Peaches Choice of Juice Choice of Milk	French Toast Sticks Mixed Fruit Choice of Juice Choice of Milk	Pancake Sausage Pears Choice of Juice Choice of Milk	Cinnamon Toast Choice of Cereal Banana Choice of Juice Choice of Milk
Pancakes Mixed Fruit Choice of Juice Choice of Milk	Cinnamon Roll Mandarin Oranges Choice of Juice Choice of Milk	Biscuit Sausage Pears Choice of Juice Choice of Milk	Grits Buttered Toast Pineapples Choice of Juice Choice of Milk	Muffin Peaches Choice of Juice Choice of Milk
Pancake Wrap Applesauce Choice of Juice Choice of Milk	nt. This evaluins what to do if			

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (VOICE). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer".

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3	No School	5 BBQ Sandwich Crispy French Fries Bake Beans Mixed Fruit Choice of Milk	Chicken Gravy & Rice Broccoli W/Cheese Lima Beans Pears WG Roll Choice of Milk	7 Tacos Salad Cups Seasoned Corn Salsa Peaches Choice of Milk
Meat Pie Rice Dressing Green Beans Glazed Carrots Mixed Fruit Choice of Milk	Chicken Spaghetti Mixed Vegetables Steamed Broccoli Cinnamon Apples Breadsticks Choice of Milk	12 Deli Sandwich Crispy French Fries Salad Cup Pears Choice of Milk	Nachos Seasoned Corn Garden Salad Peaches Choice of Milk	PARENT TEACHER CONFERENCE
MARTIN LUTHER KING JR. DAY	Jambalaya Sweet Potatoes Pinto Beans Peaches WG Roll Choice of Milk	Cheeseburger Crispy French Fries Salad Cup Pears Choice of Milk	Gumbo Steamed Rice Garden Salad Baby Carrots/w Dressing Pineapples Crackers Choice of Milk	Pizza Buttered Corn Green Beans Orange Slices Choice of Milk
Frito Pie Chili Beans Garden Salad Cinnamon Apples Choice of Milk	Beans & Rice Turnip Greens Sweet Potatoes Pears Cornbread Choice of Milk	26 Chicken Sandwich Crispy French Fries Salad Cup Mandarin Oranges Choice of Milk	Baked Chicken Mashed Potatoes w/Gravy Green Beans Peaches WG Roll Choice of Milk	Chili Dog Bake Beans Baby Carrots w/Dressing Mixed Fruit Choice of Milk
Chicken Wrap Garden Salad Black Beans Peaches Choice of Milk				

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