

PARENT Resources and Helpful Links

The *Guide to the NH Standards for the Education of Children with Disabilities* includes the text of Chapter Ed 1100, *Standards for the Education of Children with Disabilities* that were adopted by the State Board of Education on March 23, 2017 plus additional supplemental text for each reference cited in the *NH Standards* (formerly referred to as the NH Rules). This Guide is not an official document; it is offered as a resource for parents, educators and others through a partnership between the NH Department of Education, Bureau of Special Education and the Parent Information Center.

https://www.education.nh.gov/instruction/special_ed/documents/pic_guide_ed1100.pdf

Special Education, Bureau of Special Education, NH Dept. of Education, 603-271-3791, www.education.nh.gov/instruction/special_ed/index.htm Provides information about education laws and programs for children and youth with disabilities in New Hampshire.

SPECIAL EDUCATION PARENT RIGHTS:

New Hampshire Special Education Procedural Safeguards Handbook is based on the Individuals with Disabilities Education Act of 2004 and the New Hampshire Standards for the Education of Children with Disabilities adopted March 23, 2017.

- [NH Procedural Safeguards Handbook, April 2018](#)
- [NH Procedural Safeguards Handbook, April 2018 \(Fillable Word Format\)](#)
- [NH Procedural Safeguards Handbook, April 2018 Audiobook](#)

New Hampshire Vocational Rehabilitation (NHVR) is a division of the Department of Education that helps persons with disabilities help themselves to get a job, keep the job, and develop a life time career. NHVR has seven regional offices throughout the state designed to assist persons who have physical, mental, emotional and learning disabilities.

<https://www.education.nh.gov/career/vocational/faq.htm#vr>

UNDERSTOOD.ORG Fifteen nonprofit organizations have joined forces to support parents of the one in five children with learning and attention issues throughout their journey. With the right support, parents can help children unlock their strengths and reach their full potential. With state-of-the-art technology, personalized resources, free daily access to experts, a secure online community, practical tips and more, Understood aims to be that support.

www.understood.org

NH Family Voices, Family to Family Health Information Center is staffed by parents of children and young adults with special health care needs/disabilities. As parents, we also travel through the maze of services and programs designed to help our kids, so we understand the issues that families face. We provide options and advice, offer a multitude of resources, and tap into a network of other families and professionals to help provide you with support and information.

Our Services include:

- Individual assistance by telephone
- Help in understanding how to navigate through systems (health, human services, education, and health care financing)
- Assisting families to make more informed decisions about their children's health care and be better able to participate in systems building activities in their communities and within NH
- Information and resources via mail, e-mail, social media, YouTube, Pinterest and our website
- A private Facebook group of over 800 members, many of whom are also maneuvering the systems of care for their children and youth with special health care needs/disabilities
- Trainings for families on topics such as healthcare financing, best practices and family/professional partnerships
- A lending library with over 2,600 titles geared specifically towards or kids and families
- Parent to Parent support when you just need to talk to someone

<http://nhfv.org/>

PathWays is a non-profit agency that serves people with disabilities in their home communities in Sullivan and Lower Grafton counties. PathWays works with children, adults, and their families to provide ongoing, individualized support. PathWays works with local agencies, programs and businesses to provide individuals with meaningful work, recreation and community life.

www.pathwaysnh.org

The NH Department of Health and Human Services

Special Medical Services, the New Hampshire Title V Program for Children with Special Health Care Needs, administers health programs and services for children ages' birth to 21 years, who have, or are at risk for, a chronic medical condition, disability or special health care need.

Special Medical Services, NH DHHS, 603-271-4488, Information about programs and services for children with special health care needs.

www.dhhs.nh.gov/dcbcs/bds/sms/index.htm

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<https://www.bookshare.org/cms/bookshare-me>

The Parent Information Center (PIC), a New Hampshire statewide family organization, strives to achieve positive outcomes for children and youth, with a focus on those with disabilities and special healthcare needs. This is achieved through its partnerships with families, educators, youth, professionals and organizations.

<https://www.picnh.org/>

The goal of **Early Supports and Services** is to support families in helping their children, age 0-3, grow and develop, including helping you achieve your own family goals. ESS services are provided in a child's natural environment (typically the home or child care setting) by qualified professionals such as physical therapists, occupational therapists, speech pathologists, and early childhood developmental specialists. Anyone who is concerned about an infant or toddler's development, including a parent, may make a referral to FCESS.

<https://www.dhhs.nh.gov/dcbcs/bds/earlysupport/index.htm>

New Hampshire Council on Autism Spectrum Disorder (NHCASD) provides coordinated leadership in addressing the healthcare, education, and service needs of individuals who experience autism or a related disability.

<http://www.nhcouncilonasd.org/>

Watch me Grow (WMG) helps NH families track their young children's growth and development. It's New Hampshire's free online developmental screening, information, and referral system for families of young children ages birth to six years.

www.watchmegrownh.org