

DECEMBER 2018

Tri-Valley Elementary School

Incorporate healthy eating into your holiday dinners by adding a fresh fruit or vegetable onto your plate! After dinner, get some physical activity by going for a walk or playing catch!

Monday

3
Pancakes
French Toast Sticks
Sausage Links
Tri-Tater
Grapes
Milk

10
Breaded Chicken Sandwich
Meatball Sub
Green Beans
Fresh Banana
Milk

17
Chicken Waffle Fries
Cold Ham & Cheese
Tri-Tater
Grapes
Milk

24
NO SCHOOL
Christmas Break

31
NO SCHOOL
Christmas Break

Tuesday

4
Toasted Ravioli w/Marinara
BBQ Chicken Sandwich
Baked Beans
Mandarin Oranges
Milk

11
Hot Dog/Chili Dog
Chili
Corn
Mixed Fruit
Milk

18
Cheese Ravioli w/Marinara
BBQ Rib Sandwich
Steamed Carrots
Pineapple
Milk

25
NO SCHOOL
Merry Christmas!

Wednesday

5
Cheeseburger Mac
Chef Salad w/Breadstick
Broccoli
Pineapple
Milk

12
Chicken Fajita
Chicken Quesadilla
Refried Beans
Peaches
Milk

19
Nachos Grande
Crispy Chicken Wrap
Corn
Peaches
Milk

26
NO SCHOOL
Christmas Break

Thursday

6
Chicken Strips
Whole Wheat Roll
Turkey & Veggie Wrap
Baby Carrots w/Ranch
Strawberries
Milk

13
Chicken Nuggets
Whole Wheat Roll
Sloppy Joe
Mashed Potatoes & Gravy
Pears
Milk

20
Chicken Strips
Whole Wheat Roll
Turkey & Cheese on Wheat
Mixed Vegetables
Pears
Milk

27
NO SCHOOL
Christmas Break

Friday

7
Cheese Pizza
Pepperoni Pizza
Caesar Salad
Pears
Milk

14
Strawberry Pancakes
French Toast Sticks
Sausage Links
Tri-Tater
Applesauce
Milk

21
Cheese Pizza
Sausage Pizza
Garden Salad
Cinnamon Applesauce
Milk

28
NO SCHOOL
Christmas Break



Menu Subject to Change