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Happy Monday! With Thanksgiving coming upon us quickly, I see people participating in “Thankful” challenges on social media. It’s important to take time to acknowledge all we have in our country and community (Thank You, Veterans!), and, as adults, we are able to see how richly we are blessed. It may be a harder for our kids to recognize their blessings or verbalize their appreciation for them. I found a couple of good articles about how to instill a spirit of gratitude in our children. Here are the links for those. I hope you enjoy them.

<http://www.pbs.org/parents/special/article-ten-ways-raise-grateful-kid.html>

<https://www.parents.com/toddlers-preschoolers/development/behavioral/teaching-children-to-be-grateful/>

Now, while food and football are key elements of Thanksgiving Day, it’s nice to start new traditions with our families. Here are a couple more articles that may provide ideas for how to shake up your Turkey Day and make some fun memories.

<https://www.thanksgiving.com/thanksgiving-activities/family-activities-thanksgiving-day>

<https://www.dumblittleman.com/20-fun-things-you-can-do-with-family-on/>

October has become one of the busiest and most beloved months of the year! Between the weather and the outdoor color palette, football and hayrides, wiener roasts and weddings, October has got it goin' on. And, the college and career exploration opportunities this month were likewise abundant. Between October 5th and October 30th, Silex students visited manufacturers, college fairs, a hospital, and one college. Here is a summary of those events:

- *Manufacturing Day – One dozen sophomores, juniors, and seniors participated in a ½ day field trip to three local manufacturers. Hosted by the Troy Chamber of Commerce, students experienced what it would be like to work at Bodine, Elite Tool, and Daddy Ray's. Students came back enthused about the possibilities they saw in those industries.*
- *Bowling Green and Elsberry High Schools each hosted college fairs near the end of the month, and students from all high school grade levels were invited to attend. Approximately 30-40 students elected to go. They collected materials from the college representatives, and some had meaningful conversations with those at tables they visited.*
- *Mercy Hospital (Troy) also opened their doors to students from throughout the county. High school students interested in health careers were invited to participate in a brief workshop-type of activity at the hospital. They rotated through several medical stations and saw areas like surgery, X-ray, phlebotomy, and more. The students got a great introduction to the many careers that are available to them in the medical field.*
- *Rated by Forbes Magazine as the Third Best Two-Year College in the Country, State Technical College in Linn, MO welcomed 25 Silex students. Students were shown every program offered, treated to lunch in their cafeteria, and sent home with a school t-shirt. With such demand in the trades, it was fascinating to see how they're preparing students for today's employment opportunities.*



From the Community Council of St. Charles County:

Guardians of Our Youth

Wednesday evening sessions will provide an opportunity for parents/guardians of young people of all ages to listen to “experts” on the challenges that parents, guardians, and their children face in their formative years. In the sessions, you will be able to listen, share experiences, and discuss the issues and possible solutions presented in each session.

Instilling Grit, November 14, 6:00-7:30pm, All Saints Parish Center. The Art of Raising Self-Motivated Kids will show participants how to instill grit, self-motivation, and independence in children even though current cultural climate pressures us to do the opposite.

Anxiety in Children and Youth Today, January 23, 2019, 6:00-7:30 p.m., All Saints Parish Center. The current environment is creating an epidemic of anxiety in our young. It is up to us as caring adults to help our youth identify and be in tune with their own emotions and, in turn with others.

The format will be a talk of 45 minutes followed by discussion and table sharing for 45 minutes. This is a community event open to parents/guardians regardless of school district, church, or organizational affiliation. Email guardiansofyouthSTP@gmail.com if you have questions, or you may also call the parish office at 636-397-1440.

From the Lincoln County Resource Board:

LCRB-funded Saint Louis Counseling has published its upcoming FREE parenting classes for Lincoln County residents. As a recognized leader of the Love and Logic approach, the classes help parents reduce stress associated with raising children (from toddlers to teens). The sessions offer practical techniques to help parents raise more responsible children in a positive atmosphere. November session dates are: *Nov. 6th, 13th, 20th, and 27th*. To learn more, please call the Troy office at 636-528-5911.

From Pike-Lincoln Tech. Center:

Pike-Lincoln Technical Center is introducing a new Emergency Medical Technician program. This program is open to current seniors. It will begin on *January 8th* with classes running on Tuesday and Thursday evenings (along with 2 Saturdays), and they will be completed by May 16th. If you or your student has an interest in a career as an EMT, contact Michele Noah at 573-485-2900, Ext. 440 or noahm@pltc.edu to learn more.

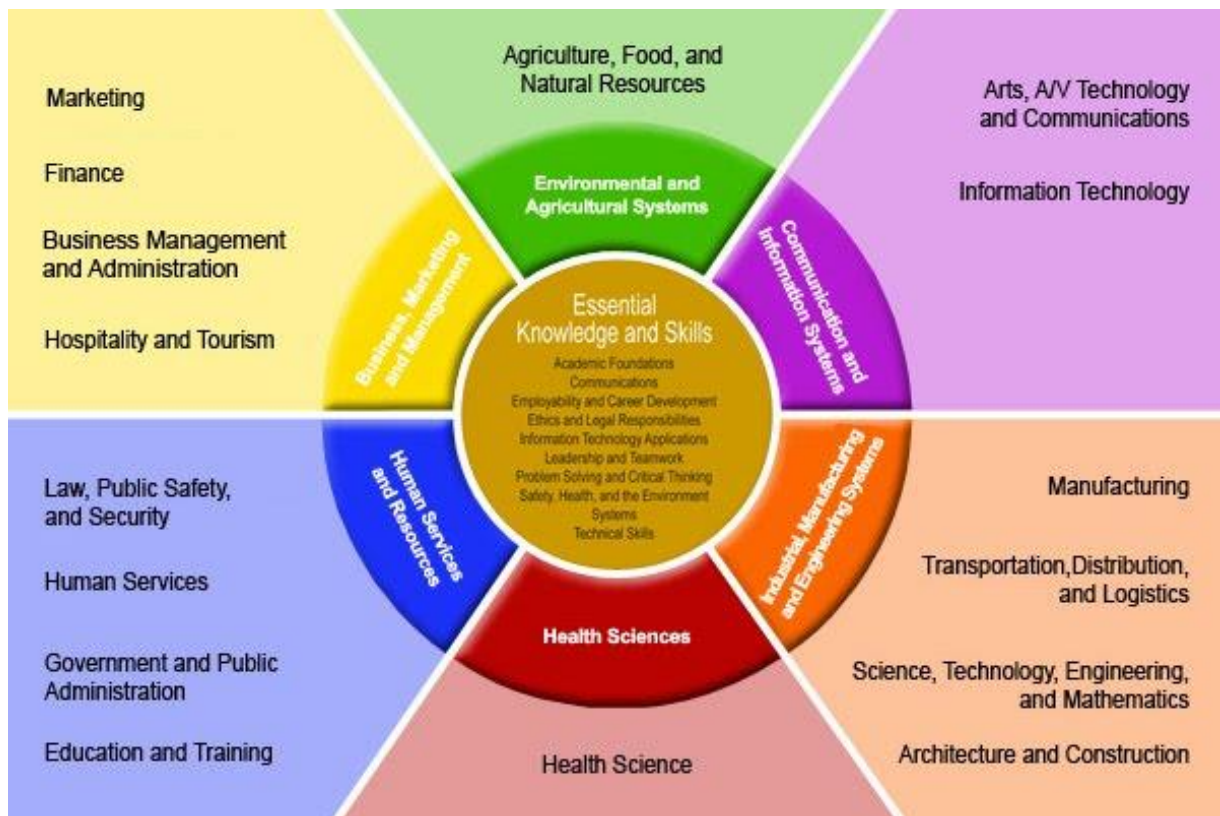
Upcoming Dates in Guidance:

- 🍁 Monday, November 12th ASVAB Scores will be Reviewed w/ Juniors
- 🍁 Week of November 12th Elementary Guidance Lessons
- 🍁 Monday, November 19th Seniors in Dual Enrollment Register for 2nd Semester

Missouri Connections:

I'm very excited to say that all students in grades 6 through 11 participated in lessons on Missouri Connections last week, and each student should now have a Missouri Connections account. Missouri Connections is an awesome, online tool that helps students explore careers of all types, as well as provides them with assessments and interest inventories through which they can narrow that exploration to careers that might well fit their personality. Ask your students about it. Or, better yet, go online with them and check out some of the activities that are available through Missouri Connections. We will use this instrument regularly as your students move through middle and high school.

<https://portal.missouriconnections.org/>



Scholarships:

Please note that the list below is not necessarily in due-date order. I list them as I receive information on the scholarship. Please make sure you check the due dates.

#	Name of Scholarship	Due Date	\$ Amount
2	American Soybean Association Scholarship	November 19, 2018	\$5,000
3	ACT Student Champion Award	October 31, 2018	\$500
4	SCC Board of Trustees & Foundation Scholarship	From Dec. 1-March 1	Various
5	Quest for Education Scholarship	January 11, 2019	Various
6	Peoples Bank & Trust Co. Scholarship	March 15, 2019	\$8,000 over 4 yrs.
7	Donald E. Thompson Family Charitable Foundation	March 15, 2019	\$8,000 over 4 yrs.
8	Pike Co. Farm Bureau Young Farmers & Ranchers	Dec. 15, 2018	\$2,000
9	NHS Scholarship	November 30, 2018	\$3,200 – \$25,000

#2 – Find the application at: <https://asaadmin.wufoo.com/forms/r11ee6571au0onh/>

#3 – Find the application at: <http://mkto-ab080206.com/Q0jR0nZ0EO0ZF6lo900BiJ0>

#4 – For those attending SCCC. Info. is at: stchas.edu/scholarships

#5 – For members of Vantage Credit Union, apply at: vcu.com/qfe

#8 – See Mrs. Wells for the Fillable Application; must be a Pike County resident.

#9 – See Mrs. McDonald for the applications; return applications to Mrs. Wells.

For students interested in Cyber-Security or related fields, here is a link to a scholarship opportunity:

<https://niccs.us-cert.gov/formal-education/cybercorps-scholarship-service-sfs>

For those students involved in FFA, Mr. O’Brien provides a list of scholarships associated with that field. The link to that list at the Silex R-I Website is below.

<http://www.silex.k12.mo.us/o/silex-r-i/browse/2318>



Below is a link to a list of scholarships of every imaginable type. Read the criteria and information for each carefully. Some may not be worth the effort or available to your student. However, there are very likely some that might be worth checking into.

<https://studentscholarships.org/#sthash.rEjftbNh.dpbs>

For additional sources of financial aid to consider:

<https://lendedu.com/blog/missouri-student-loans-scholarships-and-grants/>
<https://lendedu.com/blog/student-loans-without-a-cosigner/>

Or, consider this...



If you are a sophomore, junior, or senior, and you would like to make a little extra money, please come see Mrs. Wells. Occasionally, there are parents who would like to get additional assistance for younger students in particular core areas. Wages, hours, and locations would be arranged by the tutoring student and the employer.

Have an Awesome Week!

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