



November 2018 Breakfast and Lunch Menu

Mon	Tue	Wed	Thu
<p><i>Lunch includes fruit, salad bar, and a milk choice each day.</i></p> <p><i>Breakfast includes fruit, fruit juice, and a milk choice each day.</i></p>	<p><u>Breakfast is free</u> for students & served in the classroom for elementary. A <u>second breakfast</u> costs \$2.50 for Middle/High School.</p>	<p><u>Lunch Prices</u></p> <p>Elementary Lunch \$2.80</p> <p>Middle/High School \$2.95</p> <p>Reduced Price Lunch \$0.40</p>	<p>1 Chocolate Chip Muffin & Cheese</p> <p>BBQ Chicken Drumstick</p> <p>BBQ Beans , Glazed Carrots</p> <p>Biscuit & Cookie</p>
<p>5 Egg & Cheese Sandwich</p> <p>BBQ Pork or Cheese Sandwich</p> <p>Green Beans</p> <p>BBQ Beans</p>	<p>6 Cereal & Yogurt—Elem</p> <p><u>Biscuit & Gravy—MS/HS</u></p> <p>Chicken Alfredo or PB&J w/Cheese</p> <p>Corn, Peas</p> <p>Bread Stick</p>	<p>7 Mini Bagel</p> <p>Breakfast at Lunch-Scrambled Eggs, Waffle, Cavendish Potatoes</p> <p>Baby Carrots</p>	<p>8 Poppy Seed Muffin & Cheese</p> <p>Chicken Strips</p> <p>Baby Bakers, Broccoli</p> <p>Dinner Roll</p>
<p>12 Mini Waffles & Cheese Stick</p> <p>Chicken or Cheese Sandwich</p> <p>Baby Carrots, Celery</p> <p>Sun Chips</p>	<p>13 Donut & Hard Boiled Egg</p> <p>Pizza</p> <p>Broccoli</p> <p>Caesar Salad</p>	<p>14 Cereal & Yogurt—Elem</p> <p><u>Breakfast Burrito—MS/HS</u></p> <p>Mexi Beefaroni or PB&J w/cheese</p> <p>Carrots, Green Beans</p> <p>Garlic Bread</p>	<p>15 Chocolate Chip Muffin & Cheese</p> <p>Nachos with Taco Meat</p> <p>Refried Beans</p> <p>Corn</p>
<p>19 Breakfast on a Stick</p> <p>Cheeseburger or Cheese Sandwich</p> <p>Potato Smiles</p> <p>BBQ Beans</p>	<p>20 <u>Pumpkin Muffin & HB Egg</u></p> <p>Thanksgiving Lunch</p> <p>Roast Turkey, Mashed Potatoes and all the fixings!</p> <p>PB&J with cheese option</p>	<p style="font-size: 2em; color: #D9534F;">Happy Thanksgiving</p>	
<p>26 Egg Tornado</p> <p>Deli Meat or Cheese Sandwich</p> <p>Baked Beans</p> <p>Baby Carrots</p>	<p>27 Mini Pancakes & Yogurt</p> <p>Spaghetti or PB&J w/cheese</p> <p>Broccoli, Caesar Salad</p> <p>Garlic Bread</p>	<p>28 Bagel with Peanut Butter</p> <p>Pizza Ripper</p> <p>Corn</p> <p>Green Beans</p>	<p>29 Chocolate Chip Muffin & Cheese</p> <p>Tangerine Chicken</p> <p>Peas/Carrots</p> <p>Rice</p>

Garden Valley School District
 “This Institution is an Equal Opportunity Provider.”

Free/Reduced meal applications are available on the school website or in the school office & may be completed at anytime during the school year. Please allow 10 days for approval.
 Questions? Call Debbie Updike at 462-3756x1021.