

Breakfast Prices

ALL STUDENTS
EAT FREE!

Adult breakfast
\$2.10

USDA Requirements

A reimbursable meal
offers 4 items from 3
meal components/food
groups:


Grain
Fruit/Vegetable
Milk

Students must select at
least 3 of the 4 items
offered, and 1 item
MUST be a fruit.

**Menu is subject to
change at any time.**

This institution is an
equal opportunity
provider.

November 2018 Middle/High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
5 Ham & egg sandwich OR Biscuit & gravy Fruit Juice Milk	6 Cinnamon roll Fruit Juice Milk Pop tarts, muffins, & cereal available	7 Chicken biscuit OR Biscuit & gravy Fruit Juice Milk	8 Scrambled eggs with toast Hash brown casserole Fruit Juice Milk Pop tarts, muffins, & cereal available	9 Fruit & yogurt parfait with half a bagel OR Biscuit & gravy Fruit Juice Milk
12 Fruit smoothie with mini muffins OR Biscuit & gravy Fruit Juice Milk	13 Oatmeal buffet Fruit Juice Milk Pop tarts, muffins, & cereal available	14 Egg & cheese croissant OR Biscuit & gravy Fruit Juice Milk	15 Bacon, egg & cheese biscuit Fruit Juice Milk Pop tarts, muffins, & cereal available	16 French toast with syrup OR Biscuit & gravy Fruit Juice Milk
19 Cheesy scrambled eggs with tater tots OR Biscuit & gravy Fruit Juice Milk	20 Fruit & yogurt parfait with toast Fruit Juice Milk Pop tarts, muffins, & cereal available	21 Waffle with bacon OR Biscuit & gravy Fruit Juice Milk	22 NO SCHOOL 	23 NO SCHOOL
26 Breakfast wrap OR Biscuit & gravy Fruit Juice Milk	27 Pancake & sausage patty Fruit Juice Milk Pop tarts, muffins, & cereal available	28 Cinnamon toast & little smokies OR Biscuit & gravy Fruit Juice Milk	29 Scrambled eggs with veggies Avocado toast Fruit Juice Milk Pop tarts, muffins, & cereal available	30 Apple strudel OR Biscuit & gravy Fruit Juice Milk