

Sprouts Preschool Curriculum

Children in the preschool program will explore these concepts, but are not required to master them before entering Kindergarten. Children learn these concepts at their own pace. What is learned in preschool is considered a “bonus”. Children are taught with hands-on materials, songs, and games. They are assessed by observation and work samples.

Math

- Numerals 1-10
- Counting objects to 10
- One-to-one correspondence of objects
- Sorting by various attributes: color, shape, size
- Patterns: AB, AABB, ABC
- Sizes: small, medium, large
- Shapes: square, rectangle, circle, triangle
- Matching: symbols, shapes, patterns, etc.
- Same and Different
- More, Less, Same
- Time: Day and Night
- Money: Explore through games, songs, and pretend play

Literacy

- Exposure to alphabet: letter names and sounds
- Recognize, spell, write first name
- Hold a pencil, marker, crayon correctly
- Retell familiar stories
- Draw pictures and dictate sentences about stories and experiences
- Answer questions about stories
- Repeat simple nursery rhymes and finger plays
- Concepts of print: left to right direction, holding a book right-side-up
- Build new vocabulary
- Build listening skills
- Strengthen visual discrimination
- Sequencing
- Develop fine motor skills: play dough, scissors, writing utensils, Legos, etc.

Science

- Explore science tools: magnets, prisms, magnifying glasses, etc.
- Experience the world through nature walks, gardening, and other explorations
- Observe insect life
- Observe plant growth

- Observe weather and plant life during each season
- Measure and mix ingredients in cooking activities
- Identify basic colors and explore color mixing
- Make observational drawings and dictation
- Explore the world with the five senses
- Investigate animals, the homes they live in, the food they eat

Creative Arts

- Explore a variety of art processes: painting, drawing, sculpture, weaving, collage, etc.
- Use a variety of art materials: crayons, tempera paint, watercolor paint, colored pencils, markers, oil pastels, art chalk, clay
- Experiment with mixing paint colors
- Sing traditional songs and songs that enhance the curriculum
- Participate in movement songs and dances
- Use scarves, rhythm sticks, and bean bags to practice rhythms
- Use a variety of children's instruments
- Participate in dramatic play
- Dramatize familiar stories
- Act out the movements and sounds of animals

Social Skills

- Practice problem-solving skills in social situations
- Work in groups or with a partner on a variety of projects
- Share classroom materials with the group
- Practice using manners: please, thank you, excuse me, table manners
- Communicate his/her needs
- Take care of his/her own basic needs: clean up, fasten clothing, use tissue as needed, etc.
- State personal information: first and last name, age, school name, city, state, country
- Explore types of work and workers
- Explore modes of transportation
- Participate in projects to help others in need: Community can food drive, Gabriel House