

PDP Plus Network MetLife Preferred Dentist Program



More choices for a healthier smile

With MetLife Dental insurance, you have a network that gives you access to thousands of participating dentists. More choices mean it's easier than ever to get the dental care you need for a happy, healthy smile.

More ways to save

You can choose to go to any dentist, but staying in-network is the best way to lower your costs¹ and make the most of your dental plan. That's because participating dentists have agreed to accept fees that are usually **30-45% less than average charges** in the same community.² This can mean more savings for you!

Find a dentist

International Dental Travel Assistance is automatically available to you and your covered dependents. To find a participating general dentist or specialist, visit [metlife.com/dental](https://www.metlife.com/dental) to access our Find A Dentist online directory.

Manage your dental plan

When enrolled in MetLife Dental insurance, you may obtain your plan information online at [metlife.com/mybenefits](https://www.metlife.com/mybenefits). At this site you can:

- Review your plan information, such as covered services & procedures
- View claim history
- Access the Oral Health Library for educational articles on dental care³

1. Savings from enrolling in a dental benefits plan will depend on various factors, including how often participants visit the dentists and the cost for services rendered.
2. Based on internal analysis by MetLife.
3. All information provided on this website ("Website") is intended for your general knowledge only and is not a substitute for obtaining medical or dental advice for specific medical or dental conditions or other advice from your dentists or doctors. This Website is developed, provided and maintained by Verifpoint.com, Inc. By making this Website available to you, Metropolitan Life Insurance Company and its affiliates (collectively, "MetLife") is not engaged in rendering any such advice. Use of this Website is subject to all the terms stated herein. Insofar as the information provided on this Website is from third parties or links to third party websites, it has no association whatsoever with MetLife, unless expressly stated.

Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.