

SILEX SCHOOL NOVEMBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			1 bagel or cereal & toast roast beef on bun, tator tots, salad, slush cup water & milk	2 scramble egg or cereal & toast hot dogs, chips, carrot sticks, apple slices water & milk
5 omlete or cereal & toast bbq rib on bun, roasted potatoes, corn, peaches water & milk	6 cinnamon roll or cereal & toast chicken burrito, black beans, tomatoes, pineapple water & milk	7 biscuit & gravy or cereal & biscuit chicken nuggets, potato triangle, broccoli, oranges water & milk	8 mini pancakes or cereal & toast hamburger, french fries, celery sticks, mixed fruit cup water & milk	9 scramble egg or cereal & toast turkey, mashed potato w/gravy, green beans, dessert water & milk
12 egg taco or cereal & toast chicken sandwich, buffalo fries, mix vegetable, peaches water & milk	13 granola bar or cereal & toast quesadilla, black beans, tortilla chips, pineapple water & milk	14 biscuit & gravy or cereal & biscuit popcorn chicken, fried rice, egg rolls oranges slices water & milk	15 breakfast burrito or cereal & toast fish sticks, macaroni & cheese, peas, mixed fruit water & milk	16 scramble egg or cereal & toast pasta w/meatsauce, salad, breadstick, baked apples water & milk
19 egg on biscuit or cereal & toast sloppy joe, potato salad, green beans, peaches water & milk	20 bagel or cereal & toast salisbury steak, mashed potato w/gravy, pineapple water & milk	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL
26 omlete or cereal & toast hamburger on bun, french fries, baked beans, peaches water & milk	27 muffin or cereal & toast chicken burrito, shredded lettuce, corn, pineapple water & milk	28 biscuit & gravy or cereal & biscuit chicken sandwich, tator tots, broccoli, oranges water & milk	29 bagel or cereal & toast chili, grilled cheese, carrot sticks fruit cup water & milk	30 scramble egg or cereal & toast mini corn dogs, mixed vegetables, chips, applesauce water & milk
This institution is an equal opportunity provider.				
Additional vegetable, fruit, grains or 2nd main course items may be available that is not listed on this menu				