

Wilmington Area Food Service Middle/HIGH SCHOOL MENU November 2018

The menu is also available on the website at
www.wilmington.k12.pa.us.

Breakfast Prices: (District Wide)	
Daily: \$1.10	Weekly: \$5.50
Reduced: \$0.30	Weekly: \$1.50
Lunch Prices:	
Elementary:	
Daily: \$1.75	Weekly: \$8.75
Reduced: \$0.40	Weekly: \$2.00
Middle School/High School:	
Daily: \$2.00	Weekly: \$10.00
Reduced: \$0.40	Weekly: \$2.00
Please make checks payable to: Wilmington Area Food Service	
\$Reduced: \$0.40	Weekly: \$2.00
Please make checks payable to: Wilmington Area Food Service	

Mon **Tue** **Wed** **Thu** **Fri**

5	General Tso's Chicken Brown Rice Broccoli Choice of Fruit & Vegetable Milk	6	Walking Taco Green Beans Choice of Fruit & Vegetable Milk	7	Personal Pizza Romaine Tossed Salad Choice of Fruit & Vegetable Milk	8	Chicken Strips Mashed Potatoes w/Gravy Choice of Fruit & Vegetable Milk	9	Chili Dog Oven Fries Choice of Fruit & Vegetable Milk	1	French Toast Stick w/Syrup Hash Brown Sausage Choice of Fruit Milk	2	Turkey Sub Baked Beans Choice of Fruit & Vegetable Milk
12	Chicken Salad w/Cheese & Fries Bread Choice of Fruit & Vegetable Milk	13	Nacho Supreme w/ Cheese, Meat, Toppings Peas Choice of Fruit & Vegetable Milk	14	Calzone Romaine Salad Choice of Fruit & Vegetable Milk	15	Turkey & Gravy Mashed Potatoes Roll Choice of Fruit & Vegetable Milk	16	Stuff Crust Pizza Steamed Broccoli Choice of Fruit & Vegetable Milk	19	BBQ Rib Sandwich Hash Browns Choice of Fruit & Vegetable Milk	20	Corn Dog Steamed Carrots Choice of Fruit & Vegetable Milk
26	NO SCHOOL	27	Chicken Fajita Corn Choice of Fruit & Vegetable Milk	28	Meatball Sandwich Romaine Tossed Salad Choice of Fruit & Vegetable Milk	29	French Toast Stick w/Syrup Hash Brown Sausage Choice of Fruit Milk	30	BBQ Pulled Pork Sandwich Oven Fries Choice of Fruit & Vegetable Milk	21	NO SCHOOL	22	NO SCHOOL
23	NO SCHOOL	24	NO SCHOOL	25	NO SCHOOL	26	NO SCHOOL	27	NO SCHOOL	28	NO SCHOOL	29	NO SCHOOL

In order to qualify for a reimbursable meal,
Your meals must include at least three of the main food items: Meat or meat alternate,
Breads, AND MUST HAVE 1/2 CUP FRUIT OR VEGETABLE-Otherwise, regulations require an a-la-carte pricing. In addition to the menued items, the following will be available daily:

DAILY CHOICE OF FRUIT:
Fresh: When available
Apple, Cantaloupe, Watermelon, Pears
Canned: Peaches, Pears, Pineapple
Mandarin Oranges, Mixed Fruit Applesauce

**Chicken Pattie,
Homemade Pizza,
Chef Salads & Wraps**
4 oz Cup Veggies Daily
Beets
Carrot Stick
Broccoli
Garbanzo Beans