MAYNARD

PUBLIC SCHOOLS

HEALTH SERVICES DEPARTMENT

Green Meadow School 5 Tiger Drive, Maynard, MA 01754 978-897-8142

October 18, 2018

To the Parents/Guardians of Green Meadow students:

This letter is to notify you that the mandated health screenings will begin this month and continue on an ongoing basis until they are completed.

Screenings

- 1. Vision and Hearing Screenings are conducted according to guidelines provided by MDPH (<u>http://www.mass.gov/eohhs/gov/departments/dph/)</u>. A referral letter is sent home when the student does not meet the screening parameters recommending evaluation by your physician or vision professional.
- Vision screening is performed in grades 1-5, 7 and 10.
- Hearing screening is performed in grades 1-3, 7 and 10.
- 2.Postural screening is conducted annually in collaboration with the Fitness and Health Department for students in Grades 5 through 9. A report from the student's doctor is required in order to be excused from the school screening. A referral letter is sent home when the student does not meet the screening parameters so that further evaluation can be done.
- 3. Heights and weights are done on students in grades 1, 4, 7, and 10. Body Mass Index (BMI) and corresponding percentile is calculated and recorded following guidelines from the MDPH for each student. The results will be recorded in the student's cumulative health record at school. Parents are welcome to call the school nurse to discuss the findings.

Exemptions: A student may be exempt from physical examination, vision, hearing, and BMI screenings upon written request from the parent/guardian.