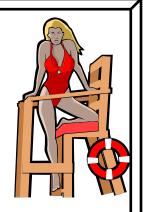


## Lifeguard

**Cost: Free** 





This lifeguard course will train participants in all the skills and techniques necessary to become a professional lifeguard. The training course is intended for those who seek certification for the first time or for those who are renewing their certifications. There will be videos, demonstrations and as well as hands on experience. The class will cover equipment based rescues spinal injury management and post rescue care. Participants will learn how to be a professional lifeguard and interact with the public.

Prior to December 3rd & 4th in person class dates you must complete 7 hours of online blended learning and test through the American red cross website.

Days: December 3rd and December 4th

Times: Saturday & Sunday 8:00am - 4:00pm

**Location:** MPHS Pool ~ 5611 108<sup>th</sup> St NE Marysville

**Phone #:** 360-965-2035

**Instructors:** Nelly Osborn and JoLynn Garrett

Prerequisites: Must be 15 years of age, Able to Swim 300yds, Tread water for 2 mins and pick up 10lb brick from 10ft of water.

Please remember that payment of class fee is not a guarantee of certification. Participants must attend all class sessions to be eligible for certification

## **APPLICATION**

## **Lifeguard Training Class**

**For Students**: Marysville School District is currently screening student applicants to see if they qualify for the Lifeguard Training class. The class will require 100% participation. If selected and pass course successfully the fee is Free to receive your certifications. Applications are due to the pool office by Monday November 14th. The class is December 3<sup>rd</sup> and 4<sup>th</sup> from 8:00am to 4:00pm.

***PLEASE PRINT CLEARLY***			
Name		Age	
Address			
City	State	Zip code	
Phone	Email		
Please answer the fo	ollowing questions.		
1. Why are you into	erested in taking this class?		
2. Upon completio	n of this class, how do you plan to	use this certification?	
	evious work experience? If yes, wh	<del></del> -	
4. Do you have any	experience working with children	n? If yes, where?	
	nk Water Safety is important?	_	
	erences and include their phone n		
	ame		
	ame		