



Marysville School District

COVID-19 Health and Safety Handbook

2022 - 2023 School Year



COVID- 19 Health and Safety

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Marysville School District



Message from Tracy Souza, Director of Student and Staff Wellbeing

We are excited to welcome you back to another great school year. I know that we have all been through a few difficult years because of the COVID-19 pandemic. We may face some challenges as we continue to move towards some sense of normalcy for our school communities, and I have no doubt that the Marysville and Tulalip community will rise to the occasion. We will continue to make safety our number one priority and ensure our schools are equipped with the appropriate personal protective equipment, testing kits, and follow the K - 12 school guidance from the Department of Health.

Every one of our students deserves a high-quality education in a healthy and safe learning environment. Our district is committed to prioritizing health and safety for all. As a school district, we take direction from the Department of Health. Anytime there is a change in the guidance, we will update families and staff on our COVID-19 website. Following the guidance will help lessen the spread of COVID-19 and keep us moving forward where great learning will take place in our classrooms. Together, let's make this year great!

Tracy Souza
Director of Student
Staff and Wellbeing
360 965-0076

COVID-19 Protocols: Below are health and safety protocols for families and staff. Marysville School District will follow guidance from the Center for Disease Control, Washington State Department of Health, and Snohomish County Health District to keep our students and staff safe and learning in school.

Resources: [DOH Requirements for K-12 Schools updated 8/16/22](#)

[Snohomish County Health District: COVID Information](#)

To keep our students and staff healthy, please:

- **Stay Home if You are Sick:** If you are experiencing COVID symptoms or generally not feeling well, stay home, complete the Health Reporting Form [HRE](#), and consider taking a COVID test. [DOH Requirements for K-12 schools updated 8.16.22](#)

Symptoms of COVID-19

- Fever/Chills
- Cough
- Shortness of breath/Difficulty breathing
- Fatigue
- Muscle/Body aches
- Headache
- New loss of taste/smell
- Sore throat
- Congestion/Runny nose
- Nausea/vomiting & diarrhea

****Symptoms may appear 2-14 days after exposure to the virus.****

- **Isolate at Home for 5-days if Positive**

Students or staff who test positive are still required to isolate for five days after the onset of first symptoms (that is considered day 0). After their isolation period (days 1-5), they can return to school as long as their symptoms have improved. Students and staff will be required to wear a well-fitted mask during days 6-10.

[Symptom Flowchart](#)

- **Masks are optional**

Students and staff have the choice to wear a mask at school, with the expectation that others' choices will be respected. As a reminder, our district will not tolerate bullying of any kind regarding personal preference for mask-wearing. We want all our students and staff to feel safe and healthy at school. [MSDPolicy 3210 Nondiscrimination](#)

- **How to wear a face mask to prevent the spread of COVID-19**

Wearing well-fitting face masks helps prevent the spread of COVID-19. For masks to work, they have to be worn properly. Choose a mask with two or more layers that completely covers your mouth and nose and fits snugly against the sides of your face, leaving no gaps. Do not wear a mask that is too loose on the sides. Do not pull the mask low on your nose, below your nose, or below your mouth or chin. Do not leave your chin or your mouth exposed or dangle the mask from one ear. Do not wear the mask in any other way that does not entirely cover your mouth and nose. Wash your hands before and after wearing the mask and use only the loops of the mask to put it on and take it off. Do not touch the front of the mask while wearing it. If you use a cloth mask, wash it and dry it daily and keep it in a clean, dry place.



- **Test Kits** - are available for all students and staff in every school. If you are in need of a kit(s), please contact your Health Room Assistant (HRA) at your child's school. For more information on testing kits resources that are available, please visit [MSD25](#) on our COVID-19 webpage.

- **Testing Sites**

At this time, testing for students and families will be conducted in schools. In order for a student to receive a test at his/her school, parents/guardians must complete and sign a parental consent form. This form is good for the current school year only. For elementary students, parents/guardians must be present for testing.

If there is a need or a dramatic increase in positive cases, the testing site (located at the central office) will reopen. School districts must receive permission from parents or guardians for students to receive school-based testing.

- **Notifying Groups or Individuals of Positive Cases and Outbreaks**

Schools are required to have a process in place to inform students, children, and their families when there are positive cases and outbreaks in the school. We will continue to update our COVID-19 dashboard every Monday. The HELSA Act (Health Emergency Labor Standards Act) requires employers to notify staff of exposure. If students and staff are exposed to a positive case, a notification will be sent to the exposed parties (we will continue to follow the guidance from DOH K-12)

Ventilation

- All filters are upgraded to MERV 13 (if the system can handle the air resistance).
- For systems that can not handle air resistance, we will have MERV 8 filters.
- It is important to bring in as much outside air as possible - through HVAC or by opening windows.
- Filters are changed 2-3 times a year.



Cleaning and Disinfecting Facilities

- Clean and disinfect high-touch surfaces like door knobs, faucet handles, check-in counters, drinking fountains, and restrooms. In general, cleaning once a day with soap and water is enough to remove viruses that may be on surfaces sufficiently.
- Clean desks with soap and water.
- Desks only need to be disinfected when there is vomit, blood, feces, or an outbreak.

Handwashing and Respiratory Etiquette

- Schools can continue to encourage frequent handwashing and good respiratory etiquette.
- Covering your mouth and nose with a tissue when coughing or sneezing.
- Throwing used tissues in the trash.
- Coughing and sneezing in your elbow, not your hands, when you don't have a tissue.

Bussing

- Maximize ventilation on the bus by keeping at least two (2) front and two (2) rear windows open a few inches.
- Do not fog/mist the bus with disinfectant. Leave windows open to air out the bus after use and clean when visibly dirty.

Reporting Cases and Outbreaks and Working with Public Health Department

- All outbreaks in schools must be reported to the local health department.
- We will continue to update positive COVID cases and outbreaks on the school district's COVID-19 Dashboard on the website at www.ms25.org

Isolation

Any student, child, or staff who reports or has COVID-19-like symptoms is required to immediately be isolated from others, sent home or to where they are currently residing, and referred to diagnostic testing as soon as possible, regardless of vaccination status. While waiting to leave the school or child care, the individual with symptoms is required to be isolated and wear a well-fitting face mask. Schools and child care should provide masks and other appropriate personal protective equipment (PPE) to staff, students, and children as needed or desired.

COVID-19 Vaccination

All Individuals are strongly encouraged to receive COVID-19 vaccines at the first opportunity to reduce the risks of contracting COVID-19 and spreading it to others.

For more information, go to <https://www.ms25.org/page/covid-19-health-and-safety>



NON-DISCRIMINATION STATEMENT

Marysville School District complies with all federal and Washington State rules and regulations and will provide equal employment opportunities and treatment for all applicants and staff in recruitment, hiring, retention, assignment, transfer, promotion, and training. Such equal employment opportunity will be provided without discrimination with respect to race, creed, national origin, age, honorably discharged veteran or military status, sex, sexual orientation including gender expression or identity, marital status, the presence of any sensory, mental or physical disability or the use of a trained dog guide or service animal by a person with a disability. The district will provide equal access to school facilities to the Boy Scouts of America and all other designated youth groups listed in Title 36 of the United States Code as a patriotic society. The following employees have been designated to address questions and complaints of alleged discrimination:

- Civil Rights Coordinator - Gregg Kuehn, gregg_kuehn@msd25.org, (360) 965-0110;
- Title IX Officer – Tracy Souza, tracy_souza@msd25.org, (360) 965-0076;
- Section 504 Coordinator, Allison Porter, allison_porter@msd25.org, (360) 965-00167;
- ADA Coordinator – Stephanie King, stephanie_king@msd25.org, (360) 965-0175.

Discrimination and discriminatory harassment may be reported to any school staff member or to the district's Civil Rights Coordinator listed above. You also have the right to file a written complaint. Address: 4220 80th Street NE, Marysville, WA 98270. Website: www.msd25.org. Marysville School District is a drug- and tobacco-free workplace. Policies that address this issue are Policy 3210 "Non-Discrimination" & 5010 – "Non-Discrimination and Affirmative Action." These Policies are available online at www.msd25.org at your school or at the District Office: 4220 80th Street NE, Marysville, WA, 360-965-0000.