

MENTAL HEALTH SERVICES NOTIFICATION FOR PARENTS & STUDENTS UNDER E.C. 49428

September 5, 2022

Dear Parents, Guardians, and Students,

Our top priority at Wheatland Union High School District is the health and well-being of our students. Critical to maintaining a student's well-being is having access to mental health services. To that end, we can connect students to such services both on campus and in our community.

Students who would like more information about mental health issues, accessing such services, or connecting with another student in need can request support and connection to resources through The Student Support Center on campus. Referrals can come from families, students, teachers, administrators, or other staff.

Services include, but are not limited to our on-site counselors, our on-site school-based therapists, our PASS (Probation and School Success) Officer, SRO or Bridge Program. Services may be received through 1:1 setting, small groups, classroom presentations, assemblies, family nights or assemblies. Positive Behavior is encouraged and reinforced through our PBIS Program. Harmony Health Mobile Health Clinic is on campus once a week.

Emergency services can be reached at the following:

- Suicide Hotline call, text, or chat 988
- Sutter Behavioral Health Psychiatric Emergency Services 530-822-7200
- Trevor Project: Call 1-866-488-7386 or text START 678-678
- Call 911

Further information can be found on the Wheatland Union High District website, and the District Office. If you have any questions or concerns, please contact Nicole Newman.

Sincerely,

Nicole Newman, Superintendent

A handwritten signature in black ink that reads "Nicole Newman". The signature is written in a cursive, flowing style.