



North Little Rock
High School
Student Services
Annual Plan

2018-2019

How are you providing group and individual counseling services (be specific)?

Individual counseling as needed

Individual counseling regularly with identified students

Group character education and career planning through flex block (advisory)

Group counseling weekly centered around topics such as anxiety

What is your process for a student to be referred to you?

Students, parents, or teachers will call, email, or stop by to bring awareness to students who need assistance.

Where are you in the process of providing these supports to your students?
Strength - individual counseling
Growth - more weekly group sessions

How are you providing classroom guidance?

No more than:

- 3 sessions per day,
- 10 sessions per week
- 40 minute sessions or less

What is your plan for implementation?

- Counselors provide classroom guidance through the 40 minute flex block and through classes all students have such as English.
- Counselors use student, parent, counselor, administrator, and faculty perceived needs to guide content of guidance lessons
- Topics include but are not limited to social and interpersonal skills, training beyond high school and careers options, and academic status and awareness as well as appropriate interventions.

What determines what you provide to students?

Survey results as well as requests from administrators, teachers, students, and parents.

What is your schedule? Do you share this with teachers, or other stakeholders?

Teachers know classroom guidance times and also that counselors are available as needed.

What happens when a new student enters your school? What is your process for orienting them to the school?

Registrar collects information from family and enters student into database. Counselor meets with student to build schedule according to interests and class availability. Counselor goes over school specific information regarding procedures and norms. Counselor or student aid shows new student and family around the school.

Where are you in the process of providing this support to your students?

Strength - introducing students to common new student mistakes

Area of growth - more structured peer/buddy system could improve comfort of new students

How do you help students develop academic goals at each level? This should be age appropriate.

- **Counselors develop student success plans with students beginning in the 8th grade that outlines goals in all major domains**
- **Counselor, teachers, and administrators analyze NWEA testing data in order to help students and teachers set achievable academic goals in core classes.**
- **Administrators and Counselors assign students to intervention times to assist in closing academic gaps.**

Where are you in the process of providing this support to your students?

Strengths - using data to guide decisions

Growth - Student success plans are changing to follow new state guidelines

How do you guide students in understanding the relationship between what they are doing in school and how it will impact future aspirations?

Students are led through career focused guidance sessions where students take interest inventories to focus future aspirations. Students find out how the types of skills and grades learned and earned will impact their ability to enter or perform in future, desired endeavors.

Where are you in the process of providing this support to your students?

Strength - gives direction to students

Growth - giving value to work to students
uninterested in career

How do you interpret assessments for students, parents, and/or other stakeholders?

Student assessment data is interpreted in meeting with parents and/or student upon request. Teachers, counselors, and administrators use assessment results to guide intervention block with students where their needs as determined by the assessment are specifically addressed.

How do you follow-up with students who are in danger of dropping out, or who have dropped out, as well as graduates?

Students who are in danger of dropping out meet frequently with their school counselor to review progress and get support. Students who have extreme credit, attendance, or social distress are referred for placement in our ALE program. Parent meetings are scheduled to help create a team with the parent. Attendance personnel meet with students when they begin missing too much school and call home and file truancy paperwork as necessary.

Do you use a form (paper or online), email, letters, etc. (toolkit)? Email, paper forms, and letters

Where are you in the process of providing this support to your students?
Strength - keeping track of seniors at risk of not graduating
Growth - developing better system to follow up with graduates

Career Action Planning

Student success plans are developed for each student beginning in the 8th grade. This plan is modified and maintained through the advisory/flex block that the students have everyday.

This plan helps students develop specific career/occupational goals with the help of mentors and interest inventories with a plan to get there through their high school course selection and a recognition of their progress.

What tools do you use?

O*Net, Kuder, Google Sheets

What are your students doing for career planning? (Be specific)

Taking interest inventories, talking with mentors, creating written plan

What is the outcome you are looking for in the planning process?

Students will have concrete plan that will motivate them to be successful in school.

Group Conflict Resolution Services

Group/individual counseling provided as requested to help resolve issues.

Conflict resolution skills, empathy awareness, and good interpersonal communication skills taught through flex block lessons.

Educational and social programs that help students develop skills enabling them to resolve differences and conflicts between groups

Programs designed to promote understanding, positive communication, and greater utilization of a race relations specialist or human relations specialist to assist in the development of intergroup skills

Programs designed to prevent bullying

What does our school do for parental involvement (family and community engagement)?

Parents are involved through a needs assessment night held at the library by our school's leadership team. Parents have four different days designated for parent/teacher conferences to meet with teachers and staff. Parents come to our annual evening college fair, open house, AP/Concurrent classes night, freshman orientation night, etc. Parents frequently meet with counselors throughout the year as needed to discuss issues.

What informational resources do you provide on educational options and vocations?

NLRHS hosts numerous college recruiters on campus during lunch throughout the school year. NLRHS hosts an annual college fair with colleges/universities/vocational training programs from all over the country that are represented. NLRHS provides a day each year during which classes are not held to allow students to visit colleges or vocational training programs. Some field trips are taken with students to different training programs. Students take interest inventories and create student success plans.

This is age appropriate and includes all students.

How well developed is this support?
Strength - exposure to educational institutions
Growth - student success plans are being redone

Educational and Career Counseling

Workforce: Jobs for Arkansas Graduates (JAG) program; METRO coursework available in vocational tracks such as culinary arts; Welding training partnership with Pulaski Tech; completer program

Educational and career guidance is provided primarily through flex/advisory period when students explore career paths, and make plans that inform their student success plan.

Workforce opportunity?

Age appropriate career guidance?

Post-secondary opportunity awareness and options?

Career exploration?

Career information?

Suicide Prevention Efforts

Counselors work with students individually to combat suicidal ideations. Counselors partner with parents to create a plan for connecting appropriate students with a school based mental health agency or a comparable support system. School has purchased GoGuardian to monitor student computer searches to alert school counselors to students searching for terms related to self harm or suicide. Students receive training in coping skills, conflict resolution, etc during flex block.

Bullying Prevention Efforts

Students are guided through a CBT based anti-bullying program during flex/advisory block which helps students understand how their cognitions impact their feelings so they can better cope with adverse situations. This program also helps students develop empathy for other students to help reduce the desire to bully.