



Cougar Chronicles

Weekly Update from Mrs. Belosi

Friday, April 28th

Teachers and Staff,

We have two Smithton University courses left - Brain Boosts (May 3) and Google Sites 101 (May 17). Please make sure you received an end of the year checklist and classroom inventory sheet. If you are free Saturday or Sunday, come check out the school play Caught In The Web.

Have a great weekend,
Stacy

Upcoming Dates

- **Tuesday, May 2** - Regional Track Meet
 - PTO Meeting @ 6:00 pm
- **Thursday, May 4** - PTO Field Day K-4/Rotary Field Day 5-8
- **Friday, May 5** - 4th Grade Field Trip
 - Conference Track Meet
- **Saturday, May 6** - Drama Club Play @ 6pm
- **Sunday, May 7** - Drama Club Play @ 2pm

Reminders

- Please submit class lists for next year before the last day of school.



The month of May always seems like an eternity in education. It can be mentally and physically exhausting. It's this time of year that I reflect back on how much has been accomplished throughout the school year. There are days that are tough and require a lot of mental toughness; which brings me to the story of Derek Redmond. Derek Redmond was the predicted gold medalist for the 400 meter race in the 1992 Olympics in Barcelona. During the semifinal race, he tore his hamstring seconds within the start of the race. As the race continued, a man came down from the crowd to help him...it was his dad. Derek was in pain, but was determined to finish the race he had trained and worked so hard to win. If Derek Redmond would have walked off of the track after he tore his hamstring, no one would remember his name. People remember his name because he had GRIT. He had the passion and perseverance to finish the race. My dad loved the Olympics and he loved this story. So when trying to instill perseverance in the face of an obstacle he would mention Derek Redmond to me.

Derek Redmond Race - the video is short and you don't need sound