



Help test a fun online family e-learning adventure game and earn cash!

Dear Parents,

The Strengthening Families Program received a grant from the National Institutes of Health (NIH) to create a fun family e-learning game, and we need your help to test it out! It's for parents and youth to use together to help families create happy, loving relationships and protect kids from drugs, delinquency, and depression.

Families who complete the 10-session game, give feedback and take three online surveys will receive \$410. (One parent receives \$230 and one child receives \$180, which you can then split with other participating family members.)

Details:

- This “gamefied” version of the Strengthening Families Program teaches parenting and family relationship skills, like communication. It also teaches youth life skills, like problem-solving and drug-refusal skills.
- There are 10 fun lessons presented in a game format. Each lesson is 30 minutes and is divided into three 10-minute modules that you can watch at different times. There are also fun family activities to do each week, including having a weekly family meeting.
- Parents and children will need to complete one lesson a week for 10 weeks.
- We are testing both the existing Strengthening Families video lessons and the new e-learning game. Some families will watch the video lessons first, and then play the game if they want to. Other families will play the game version first, and then watch the video lessons if they want to.
- Before beginning the program, parents and youth will each take a pre-survey to test their family skills. They will also take a post-survey at the end. Two months later, they will take another post-survey to see if the skills training in the game version or videos had lasting effects to help your family get along better.
- All the survey feedback is anonymous. We only need to know your state, zip code, and general demographic information.
- The game will be ready for play in October 2022, but we need families to sign up NOW!