

Waverly-South Shore School

September 2023

Breakfast

Menu subject to change without notice

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Milk, juice, fruit, and cereal served everyday ** Toast upon availability	28 Oatmeal Cereal Fruit Juice Milk	29 Breakfast on a Stick Cereal Fruit Juice Milk	French Toast Cereal Fruit Juice Milk	31 Scrambled Eggs w/ Sausage Cereal Fruit Juice Milk	1 No School	Cereal: 2 Trix=24 Cinn Toast Crunch=22 Honey nut=22 Toast=12
3	4 No School	5 Pancakes Cereal Fruit Juice Milk	6 Omelet Toast Cereal Fruit Juice Milk	7 Yogurt w/granola Cereal Fruit Juice Milk	8 Muffin Cereal Fruit Juice Milk	1/2c fruit=15 9 1/2 c grape juice=18 1/2 c apple juice =14 1% Milk=13 Skim Milk=11
10	Maffles Cereal Fruit Juice Milk	12 Breakfast Burrito Cereal Fruit Juice Milk	13 Pancake Bake Cereal Fruit Juice Milk	14 Oatmeal Cereal Fruit Juice Milk	15 Breakfast Sandwich Cereal Fruit Juice Milk	16
17	18 French Toast Cereal Fruit Juice Milk	19 Breakfast on a Stick Cereal Fruit Juice Milk	Egg Bake Cereal Fruit Juice Milk	21 Scrambled Eggs w/ Sausage Cereal Fruit Juice Milk	Bagels Cereal Fruit Juice Milk	23
24	25 Biscuits & Gravy Cereal Fruit Juice Milk	26 Omelet Toast Cereal Fruit Juice	27 Yogurt Granola Cereal Fruit Juice Milk	28 Breakfast Pizza Cereal Fruit Juice Milk	29 Baked Oatmeal Cereal Fruit Juice Milk	30