



Rudy's Test and Homework Tips

12 Test-Taking Tips

1. Get a good night's sleep before the test.
2. Have a nutritious breakfast.
3. Dress comfortably.
4. Bring all materials you need, such as pencils and erasers.
5. Relax, take slow, deep, breaths.
6. Follow directions carefully.
7. Read each question.
8. Answer the easy questions first.
9. Move on if you don't know an answer.
10. Mark answers neatly. If you must erase, erase completely.
11. Review to make sure you have answered every question.
12. Don't change any answers unless you are sure they're wrong -- your first answer is more likely correct.

10 Ways to help your child do better on tests.

1. Review the subject matter together for upcoming tests.
2. Make sure your child gets a good night's rest before every test.
3. Serve your child a healthy breakfast on the test day.
4. Have your child dress comfortably and arrive at school on time.
5. Send your child off to school with words of praise and support.
6. Suggest that your child do deep breathing exercises to relax before the test begins.
7. Tell your child to follow directions carefully, and ask questions if something is not clear.
8. Advise your child to do the easiest parts of the test first, then the rest.
9. Remind your child to check over answers before turning in the test.
10. Encourage wanting to do well, but stress that one test won't measure all your child can do.

Remember: Children who love learning are more likely to do better on tests.
Instill a positive attitude about school.

10 ways to help build your child's study skills

1. Set up a regular study time in a quiet, comfortable place where your child won't have distractions
2. Encourage daily study, even if there's no homework. Reading and reviewing lessons will get your child in the habit of studying every day.
3. Make sure your child keeps track of assignments and has all the study tools needed for homework.
4. Allow study breaks every 20 minutes or so, and offer nutritious snacks.
5. Help your child break large tasks into several smaller ones in order to study efficiently.
6. Have your child set goals before each assignment and organize study priorities to reach them.
7. Teach your child the value of being organized and keeping homework together.
8. Use study aids, such as quizzes, flashcards, and reading out loud to you.
9. Let your child know it's OK to ask teachers for help and that you're available, too.
10. Consider having our child study with a partner if it helps both of them to do better.

Remember – Always reward your child's efforts to build study skills. Praise goes a long way!

10 Ways to help your child with homework

1. Let your child know that homework is valuable and important.
2. Set a regular time each day for homework, allowing some time to unwind after school before getting started.
3. Be sure your child has all essentials, such as papers, books, school notebooks, and pencils.
4. Help your child get organized by providing folders for papers and a calendar and/or assignment book to track assignments.
5. Have a quiet, clean, and well lit place to study with a comfortable chair. Keep all schoolwork there.
6. Discourage distractions, including TV, during study time. Allow study breaks every 20 minutes or so.
7. Be available to answer questions or help quiz your child, but keep homework as his or her responsibility to
8. Spot check homework when it's completed, but don't correct assignments unless the teacher has asked you to.
9. Read any comments the teacher has made on returned assignments.
10. If a homework problem arises, contact the teacher for clarification.

Remember – Praise your child for homework done to the best of his or her ability.

