

District Wellness Committee Notes

11/3/2022

Google Meet on November 3, 2022; 2:00-2:58PM

Members for 2022-2023:

Deb Brodeur

Chari Buhman

Cindy Kingbird

Dominic Krump

Henry Ruud

Vann, Jeremy (MDH) *

Josh Grover

Jennie Reyes

kate.boyle-steed@state.mn.us *

Kathy Wittner

Mary Aery

Melissa Jenson

Sue Chase

Swartout, Terri (MDE) *

Members present; Highlighted in yellow.

Agenda:

1. Work on the three School Health Index updates and action plans. To be completed by 11-11-22.
2. School Health Services – Health Emergency Response Plans
 - Action Plan for School Health Index is completed and Melissa Jenson will submit to Jeremy Vann/MDH for review.
 - Health Emergency Response policy is completed and emailed to Superintendent Sue Chase for review after last meeting and requested feedback prior to submitting to school board for approval and adoption.
 - CPR curriculum and manikins-Melissa Jenson will order these items, approximate proposal for all supplies were \$2800
3. Health Education – Sequential Health Education Curriculum Consistent with Standards

- Health educators are not comfortable with starting curriculum. The scope and sequence was completed, however will take time to implement due to change in administration and staff
 - Terri Swartout/MDE will request a meeting with Superintendent Chase to discuss roadmap of health education and implementation of the curriculum after next week.
4. School Health and Safety Policies and Environment – Representative School Health Committee or Team
- Deb Brodeur provided overview of the Sustainability Workshop that she attended along with Melissa Jenson
 - Discussed the importance of holding meetings quarterly to continue to work on accomplishing goals of the wellness program and emphasized the need to expand the committee to include a school board member, parent, and student representative.
 - Discussed the possibility of developing a paid Wellness Coordinator position as presented from the workshop
 - Addressed the need to develop vision statement
5. Additional funding from 1801 Wellness grant up to \$10,000
- Wellness ideas for additional grants include filter on water filling stations, Yeti cups for staff, partnering with Steller or other programs to provide additional mental health services for students, and playground renovations at the elementary
6. Schedule next meeting: TBD