

District Wellness Committee Notes

10/13/2022

Google Meet on October 13th, 2:00-2:34

Members for 2022-2023:

Deb Brodeur

Chari Buhman

Cindy Kingbird

Dominic Krump

Henry Ruud

Vann, Jeremy (MDH) *

Josh Grover

Jennie Reyes

kate.boyle-steed@state.mn.us *

Kathy Wittner

Mary Aery

Melissa Jensen

Sue Chase

Swartout, Terri (MDE) *

Members present; Highlighted in yellow.

This was our Kick off meeting for the new school year! We reviewed our Goal and required activities.

Goal # 1: The district wellness committee will develop and implement an action plan by November 11th, 2022 to address academic achievement through nutrition, physical activity and the management of chronic conditions to improve school wellness across the district for a minimum of three School Health Index (SHI) items.

Required Activities:

1. Hold quarterly wellness committee meetings.
2. Conduct an annual update on selected SHI items.
3. Review 3 SHI action items and an action plan will identify steps in achieving progress in the following areas:
 - a. CC.1 Representative School health Committee or Team
 - b. CC.2 Sequential Health Education Curriculum Consistent with Standards
 - c. S.2/CHC.1 Health Emergency Response Plans
4. Deb Brodeur and Melissa Jensen to attend a sustainability ½ day workshop on October 25th
5. Scope and Sequence networking training on November 9th.
6. Melissa Jensen to attend a monthly check-in with the MDE School Health Services.Coordinator to support the implementation of activities that support students with chronic conditions.
7. Attend end of grant cycle 5-year event in the spring of 2023.

8. Participate in all required evaluations, including but not limited to:
 - Documenting wellness committee quarterly meeting agenda.
 - Completing surveys for grant trainings in which committee members participated.
 - Participating in an interview regarding wellness initiatives to build the district storyboard.
 - Collecting data as specified in the action plan to measure progress towards action item goals.

Melissa Jensen to co-facilitate with Deb on the wellness team! Thank you Melissa!

Next meeting: Google Meet, November 3rd, 2:00-2:30.