		2023	
Monday	Tuesday	Wednesday	Thursday
3	4	5	6
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Banana muffin, cheese stick, peaches, juice, milk	French toast, strawberries, milk	Sausage, english muffin, orange wedges, milk	Mini cinnis, sliced apples, juice, milk
LUNCH	LUNCH	LUNCH	LUNCH
Chicken nuggets, roll, mashed potatoes & gravy, carrots, watermelon, milk	Pizza, corn, broccoli w/ranch, mangoes, milk	Spaghetti w/ meat sauce, garlic bread, garden salad w/ranch, apple, milk	Super nachos w/ground meat, baked beans, cucumbers w/ranch, grapes, milk
10	11	12	13
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Pizza , carrots & celery w/ranch, corn, orange wedges, milk



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17	18	19	20
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal, hashbrown, toast, banana, juice, milk	French toast, strawberries & blueberries, milk	Muffin, cheese stick, orange wedges, juice, milk	English muffin sausage, peaches, milk
LUNCH	LUNCH	LUNCH	LUNCH
Corn dogs, french fries, baked beans, carrots w/ranch, grapes, cookie, milk	Grilled ham & cheese sandwich, celery w/ranch, watermelon, milk	Ground meat tacos, lettuce & tomatoes, salsa, grapes, milk	Hamburger, cucumbers w/ ranch, french fries, cantaloupe, cookie, milk
24	25	26	27
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Bagel w/cream cheese, peaches, juice, milk	Waffles, strawberries, milk	Sausage biscuit, orange wedges, milk	Mini cinnis, sliced apples, juice, milk
LUNCH	LUNCH	LUNCH	LUNCH
Orange chicken, brown rice, steam broccoli, sliced apples, milk	Pizza, green salad w/ ranch, mangoes, milk	Spaghetti w/ meat sauce, garlic bread, cucumber w/ranch, mixed fruit, milk	Hot dogs, French fries, baked beans, carrots w/ranch, grapes, cookie, milk
31	(Ma=2.5)	1000	
BREAKFAST Yogurt, granola, strawberries & blueberries, milk LUNCH	HAN	MEEN	