

# Breakfast

AUGUST 2022

Cereal/Yogurt  
Fruit Cocktail  
Juice  
Choice Of Milk

1

Cream Of Wheat/Muffin  
Sausage Link (2)  
Apple  
Juice  
Choice Of Milk

2

Cinnamon Roll/Yogurt  
Peaches  
Juice  
Choice Of Milk

3

Muffin/Cereal Bar  
Pineapple  
Juice  
Choice Of Milk

4

Waffle/Granola Bar  
Syrup  
Grapes  
Juice  
Choice Of Milk

8

Banna Muffin/Fried Egg  
Mandarin Orange  
Juice  
Choice Of Milk

9

Yogurt/Cereal  
Bar  
Watermelon/Cantaloupe  
Juice  
Choice Of Milk

10

Pancake Stick/Boiled Egg  
Syrup  
Banana  
Juice  
Choice Of Milk

11

Breakfast Bagel  
Granola Bar  
Slices Oranges  
Juice  
Choice of Milk

15

Cream of Wheat/  
Yogurt/Granola Oats  
Strawberries  
Juice  
Choice of Milk

16

(ww)French Toast/Cereal  
Apple  
Juice  
Choice Of Milk

17

Breakfast Burrito/Toast &  
Jelly  
Banana  
Juice  
Choice of Milk

18

Breakfast Pizza/  
Boiled Egg  
Fresh Pear  
Juice  
Choice OF Milk

22

Bagel/Granola Bar  
Cream Cheese  
Fresh Orange Slices  
Juice  
Choice Of Milk

23

Sausage Biscuit (ww)  
Sandwich/Cheese Omelet  
Tropical Fruit  
Juice  
Choice Of Milk

24

Pop Tart/Cereal  
Cheese Stick (2)  
Peaches  
Juice  
Choice Of Milk

25

Scrambled Eggs/  
Granola Bar  
Mandarin Orange  
Juice  
Choice Of Milk

29

Blueberry Muffin/  
Honey Bun  
Cheese Sticks (2)  
Mixed Fruit  
Juice  
Choice Of Milk

30

Breakfast Burrito/  
Yogurt  
Oats  
Applesauce  
Juice  
Choice Of Milk

31

LUNCH

AUGUST 2022

Monday

Chicken Strips  
Baked Beans  
Carrots  
Pineapple  
Choice Of Milk

1

Spaghetti  
(ww)Noodles  
Green Beans  
Garlic Toast  
Mandarin Orange  
Choice Of Milk

2

Taquito/Salsa  
Wheat Rice  
Corn  
Peaches  
Choice Of Milk

3

Cheese Quesadilla  
Refried Beans  
Peas  
Diced Peas  
Choice Of Milk

4

BBQ Sandwich/  
PBJ Sandwich  
Green Beans  
Applesauce  
Choice Of Milk

8

Pigs in a Blanket/  
Ham Cheese Sandwich  
Carrots  
Peaches  
Choice Of Milk

9

Sloppy Joe Sandwich/  
Corn Dog  
Fries  
Corn  
Pineapple  
Choice Of Milk

10

Chicken Wrap(ww)  
Lettuce/Tomato/Cheese  
Apricots  
Choice Of Milk

11

Chili Dog/Quesadilla  
Tater Tots  
Peaches  
Choice Of Milk

15

Chicken Nuggets/  
Bean Cheese Burrito  
Potato Wedge  
Pears  
Fruitable  
Choice Of Milk

16

Beef Veggie Casserole/  
Beef Noodles  
Peaches  
Choice Of Milk

17

Cheese Bread Stick/  
PBJ Sandwich  
Mandarin Orange  
Celery w/Ranch  
Marinara Sauce  
Choice Of Milk

18

Hotdog/Beef Sliders  
Fries  
Peas & Carrots  
Mixed Fruit  
Choice Of Milk

22

Taco Roll/Chicken  
Taquitos  
Spanish Rice  
Corn  
Applesauce  
Choice Of Milk

23

Turkey Sandwich/  
Chicken Sandwich  
Baked Chips  
Fruitable  
Mandarin Orange  
Choice Of Milk

24

Orange Chicken/  
Beef & Broccoli  
Rice (ww)  
Carrots  
Rice (ww)  
Choice Of Milk

25

Mac N Cheese/Corndog  
Green Beans  
Pineapple  
Choice Of Milk

29

Beef Gravy/  
Bean Cheese Burrito  
Rice (ww)  
Peas  
Mandarin Orange  
Choice Of Milk

30

Pepperoni Pizza/  
Cheese Bread Sticks  
Marinara Sauce  
Corn  
Diced Peas  
Choice Of Milk

31